**FINALLY: NATURAL THYROID TREATMENTS THAT WORK!**

*A Powerful System to Relieve Your Symptoms Naturally*

If you’re reading this, you’re probably here for one of two reasons:

1. You’ve been diagnosed with a thyroid disorder, but your medication hasn’t resolved all of your symptoms.

2. You suspect that an underlying thyroid disorder is responsible for the symptoms you are experiencing, but haven’t been diagnosed.

If you fall into either of these two categories, I know that you’re probably feeling frustrated, dejected, and maybe even ready to give up! Mainstream medicine isn’t always kind to patients suffering from thyroid disorders, and my heart goes out to patients who aren’t being taken seriously by doctors and other medical professionals. When your doctor thinks that your symptoms are all in your head, what can you do?

If you don’t want to go another day misdiagnosed or suffering from debilitating symptoms, you should know that help is just around the corner. In our clinic, we’ve designed a powerful 7-Step System that actually treats the cause of your unique thyroid condition, rather than just alleviating your symptoms in the short term. With this approach, we can resolve your thyroid symptoms and help return your body to a state of optimal health!

**So Why Is Your Thyroid So Important, Anyway?**

Thyroid disorders are increasingly common, but many people don’t know what the thyroid is or why it’s so important. For starters, you should know that your thyroid is a butterfly-shaped gland in your neck that is responsible for producing some very important hormones. These hormones communicate with every cell in your body, determining the function of basic bodily systems. When something goes wrong with your thyroid, you can experience negative effects throughout your body!

Though there are many different types of thyroid diseases and disorders, hypothyroidism and hyperthyroidism are the most common. Here’s a quick trick that you can use to remember the difference between the two: “Hypo” is a prefix that means “not enough” or “less”. In this context, being *hypo*thyroid means that you don’t produce enough thyroid hormones. “Hyper” is a prefix that means “over” or “above.” When you’re *hyper*thyroid, your thyroid is producing too many hormones. It’s that simple!

**Symptoms of Thyroid Underactivity:**

* Feeling groggy and tired
* Increased sensitivity to cold
* Tingling or numbness in the hands or feet
* Constipation
* Dry or thinning hair
* Depression
* Weight gain

**Symptoms of Thyroid Overactivity:**

* Nervousness and anxiety
* Sweating
* Tremor in hands and fingers
* Difficulty sleeping
* Heart palpitations
* Increased sensitivity to heat

If you’re experiencing any of these symptoms, it’s possible that your thyroid is to blame, whether your labs are normal or not! Even if you’ve already been diagnosed, you may find that you’re still experiencing many of these symptoms (despite “successful” medication).

**The Problem: Diagnosis and Treatment of Thyroid Disorders is Ineffective, At Best**

More than half of all Americans with a thyroid disorder are never diagnosed. Thyroid disorders now affect more than 20 million Americans, and up to 60% of these individuals are unaware of their condition! Because women are more susceptible to thyroid disorders than men, one woman in eight will develop a thyroid disorder in her lifetime. Unfortunately, many of these women never receive the treatment that they need to be fully healthy.

If you’ve been diagnosed with hypothyroidism, your doctor probably prescribed Synthroid or generic levothyroxine. This synthetic hormone helps to replace the thyroxine (or T4) that your body is no longer able to produce. Because so many Americans suffer from this condition, Synthroid is now the number one prescription drug in the U.S!

Though millions of Americans take Synthroid to control their thyroid condition, many people find that the medication doesn’t resolve all of their symptoms. Many people continue to experience fatigue (and other symptoms) long after their blood work has begun to register as “normal.” This is because Synthroid (synthetic T4) can’t actually be used by the body until it’s converted into a different hormone (T3)! If your body isn’t healthy, it may be because this conversion isn’t happening like it should.

Your body converts (or “activates") Synthroid in various organ tissues throughout your body. Your liver and kidneys play an important role in this process, and must be optimally healthy for this conversion to take place. In our clinic, that’s why we offer treatments and supplements that help improve the function of these vital organs. Our focus on holistic, full-body health helps to ensure that we treat the entirety of your condition, rather than just one piece of the puzzle!

**The Solution: A Holistic System Designed to Treat the Entirety of Your Condition**

Our 7-Step System is designed to encourage your body’s natural production of thyroid hormones. In our clinic, we’ve had amazing success with this system, and we’re thrilled to be able to help change our patients’ lives! When you make an appointment in our clinic, we’ll preform a thorough evaluation to determine exactly what your body needs. With this information, you’ll begin to embark upon your healing journey. Here’s what we’ll help you do:

**1. Treat the Underlying Causes –** We begin by identifying the underlying causes of your thyroid condition (food allergies, heavy metal toxicity, nutritional deficiencies, stress, etc.) and proposing a suitable treatment plan that actually gets to the root of the problem.

**2. Optimize Your Nutrition –** Once we know what’s causing your problem, we customize a diet that will optimize your thyroid’s function.

**3. Minimize Stress –** Stress exacerbates an underlying thyroid condition. To optimize your thyroid’s function, we offer stress-reducing therapies (including Self-Mastery Technology) as a part of a comprehensive stress management program.

**4. Exercise –** We offer in-clinic and at-home exercise programs designed to stimulate healthy thyroid function.

**5. Supplement –** We prescribe a doctors-only selection of herbal supplements that support healthy thyroid function. These supplements undergo rigorous quality control to ensure that they are 100% pure and extremely potent.

**6. Detox –** Our doctor may recommend a detoxification program designed to flush your system any toxins that are wreaking havoc on a cellular level.

**7. Coaching –** As our patient, you’ll make weekly appointments to check in and ensure that your treatments are working effectively. We are always able to make adjustments and fine-tune your treatment protocol as necessary.

To get started, call our clinic at (801) 265-3400 to make an appointment for a FREE one-on-one consultation. We’ll preform a thorough evaluation, customize a treatment plan, and walk you through every step of the process! As you begin to shake off the symptoms that have weighed you down, you’ll be able to live your life to the very fullest. We’re thrilled to be with you on this exciting journey into wellness!