



7-Day Detox

Included Supplements:

Fiber Blend
Intestinal Cleanser
Body Purifier
Sipper Bottles
Essential Greens

Additional Services:

Coaching Session
Body Wrap

10-Day Weight Loss

Included Supplements:

Nutritional Shake
Appetite Appeaser
Essential Greens
Daily Antioxidant Essentials
Blender Bottle

Additional Services:

Coaching Session
Body Wrap

20-Day Rejuvenation

Option #1 -
Supplements Only

Included Supplements:

Fiber Blend
Intestinal Cleanser
Body Purifier
2 Nutritional Shakes
Multivitamin/Mineral
Appetite Appeaser
Cellulite Cleanse
Vitamin D
Sipper Bottles
Vitamin B12

Option #2 - Services
& Supplements

(Everything Above Included)

3 Coaching Sessions
3 Sauna Treatment
3 Exercise with Oxygen
Therapy Sessions
3 Body Wraps
1 Follow-Up Evaluation
24-Hour Access to Club
Reduce Staff

5-Week Program

Included Supplements:
(Everything in 20-Day
Rejuvenation Program)

Digestive Enzyme Blend
Antioxidant
Evening Primrose Oil
Flax Seed Oil
Liquid Calcium
Anti-Cellulite Lotion
Exercise Gel
Probiotic Blend

Additional Services:

5 Coaching Sessions
5 Sauna Treatments
5 Exercise with Oxygen
Therapy Sessions
5 Body Wraps
5 SMT (Self-Mastery
Technology) Sessions
5 Sessions of Whole Body
Vibration (WBV)
1 Follow-Up Evaluation
2 Bio Scans
24-Hour Access to Club
Reduce Staff

Includes One Year of
FREE Maintenance:

Weekly SMT Sessions
Weekly WBV Sessions
24-Hour Access to Club
Reduce Staff

12-Week Program

Included Supplements:
(Everything in the
5-Week Program plus much
more at a reduced price!)

Additional Services:

12 Coaching Sessions
12 Sauna Treatments
12 Exercise with Oxygen
Therapy Sessions (EWOT)
12 Body Wraps
12 SMT (Self-Mastery
Technology) Sessions
12 Sessions of Whole
Body Vibration (WBV)
1 Follow-Up Evaluation
3 Bio Scans
24-Hour Access to Club
Reduce Staff

Includes One Year of
FREE Maintenance:

Weekly SMT Sessions
Weekly WBV Sessions
24-Hour Access to Club
Reduce Staff

6-Month Weight Loss

Included Supplements:
(Everything in the 12-Week
Program plus much more at
a reduced price!)

Additional Services:

26 Coaching Sessions
26 Sauna Treatments
26 Exercise with Oxygen
Therapy Sessions (EWOT)
26 Body Wraps
26 SMT (Self-Mastery
Technology) Sessions
26 Sessions of Whole
Body Vibration
1 Follow-Up Evaluation
4 Bio Scans
24-Hour Access to Club
Reduce Staff

BEST VALUE!

Includes One Year of
FREE Maintenance:

Weekly SMT Sessions
Weekly WBV Sessions
24-Hour Access to Club
Reduce Staff

Maintenance

Option #1 - 6-Month
Maintenance

6 Monthly Evaluations
6 EWOT Sessions
6 Sauna Treatments
6 Body Wraps
6 SMT Sessions
10% Discount on Solutions4
Products
24-Hour Access to Club Reduce
Staff

Option #2 - Basic
1-Year Maintenance

(Everything in the 6-Month Plan is
DOUBLED - with exception of the
10% Discount and Access to
Club Reduce Staff, which
remain the same)

12 Sessions of WBV
\$25 of Free Solutions4 Product
Each Month for a Year

Option #3 - Premium
1-Year Maintenance

(Everything in the Basic Plan Included)

12 LipoLight Sessions
4 Quarterly Bio Scans
1 SMT FitBit Machine
An Extra \$25 of Free Solutions4
Product Each Month for a
Year (\$50 total)





7-Day Detox

Included Supplements:

Fiber Blend
Intestinal Cleanser
Body Purifier
Sipper Bottles
Essential Greens

Additional Services:

Coaching Session
Body Wrap

Value: \$290
You Pay: \$199



10-Day Weight Loss

Included Supplements:

Nutritional Shake
Appetite Appeaser
Essential Greens
Daily Antioxidant Essentials
Blender Bottle

Additional Services:

Coaching Session
Body Wrap

Value: \$327.50
You Pay: \$249



20-Day Rejuvenation

Option #1 -
Supplements Only
Included Supplements:

Fiber Blend
Intestinal Cleanser
Body Purifier
2 Nutritional Shakes
Multivitamin/Mineral
Appetite Appeaser
Cellulite Cleanse
Vitamin D
Sipper Bottles
Vitamin B12

Value: \$285
You Pay: \$199

Option #2 - Services
& Supplements
(Everything Above Included)

3 Coaching Sessions
3 Sauna Treatment
3 Exercise with Oxygen
Therapy Sessions
3 Body Wraps
1 Follow-Up Evaluation
24-Hour Access to Club
Reduce Staff

Value: \$1,190
You Pay: \$949



5-Week Program

Included Supplements:
(Everything in 20-Day
Rejuvenation Program)

Digestive Enzyme Blend
Antioxidant
Evening Primrose Oil
Flax Seed Oil
Liquid Calcium
Anti-Cellulite Lotion
Exercise Gel
Probiotic Blend

Additional Services:

5 Coaching Sessions
5 Sauna Treatments
5 Exercise with Oxygen
Therapy Sessions
5 Body Wraps
5 SMT (Self-Mastery
Technology) Sessions
5 Sessions of Whole Body
Vibration (WBV)
1 Follow-Up Evaluation
2 Bio Scans
24-Hour Access to Club
Reduce Staff

Includes One Year of
FREE Maintenance!

Value: \$2,736
You Pay: \$2,549
or only \$142/month!



12-Week Program

Included Supplements:
(Everything in the
5-Week Program plus much
more at a reduced price!)

Additional Services:

12 Coaching Sessions
12 Sauna Treatments
12 Exercise with Oxygen
Therapy Sessions (EWOT)
12 Body Wraps
12 SMT (Self-Mastery
Technology) Sessions
12 Sessions of Whole
Body Vibration (WBV)
1 Follow-Up Evaluation
3 Bio Scans
24-Hour Access to Club
Reduce Staff

Includes One Year of
FREE Maintenance!

Value: \$5,834
You Pay: \$3,599
or only \$200/month!



6-Month Weight Loss

Included Supplements:
(Everything in the 12-Week
Program plus much more at
a reduced price!)

Additional Services:

26 Coaching Sessions
26 Sauna Treatments
26 Exercise with Oxygen
Therapy Sessions (EWOT)
26 Body Wraps
26 SMT (Self-Mastery
Technology) Sessions
26 Sessions of Whole
Body Vibration
1 Follow-Up Evaluation
4 Bio Scans
24-Hour Access to Club
Reduce Staff

BEST VALUE!

Includes One Year of
FREE Maintenance!

Value: \$11,274
You Pay: \$5,499
or only \$300/month!



Maintenance

Option #1 - 6-Month
Maintenance

6 Monthly Evaluations
6 EWOT Sessions
6 Sauna Treatments
6 Body Wraps
6 SMT Sessions
10% Discount on Solutions4
Products
24-Hour Access to Club Reduce
Staff

Value: \$2,160
You Pay: \$600

Option #2 - Basic
1-Year Maintenance

(Everything in the 6-Month Plan is
DOUBLED - with exception of the 10%
Discount and Access to Club Reduce
Staff, which remain the same)

12 Sessions of WBV
\$25 of Free Solutions4 Product
Each Month for a Year

Value: \$5,220
You Pay: \$1,200

Option #3 - Premium
1-Year Maintenance

(Everything in the Basic Plan Included)

12 LipoLight Sessions
4 Quarterly Bio Scans
1 SMT FitBit Machine
An Extra \$25 of Free Solutions4
Product Each Month for a Year
(\$50 total)

Value: \$7,380
You Pay: \$2,197

