



7-DAY DETOX



14-DAY WEIGHT LOSS



20-DAY REJUVENATION



5-WEEK PROGRAM



12-WEEK PROGRAM



6-MONTH WEIGHT LOSS



MAINTENANCE

Included Supplements:

- Fiber Blend
- Intestinal Cleanser
- Body Purifier
- Sipper Bottles
- Essential Greens

Additional Services:

- Coaching Session
- Body Wrap

Included Supplements:

- Nutritional Shake
- Appetite Appeaser
- Essential Greens
- Daily Antioxidant Essentials
- Blender Bottle

Additional Services:

- Coaching Session
- Body Wrap

**OPTION #1
SUPPLEMENTS ONLY****Included Supplements:**

- Fiber Blend
- Intestinal Cleanser
- Body Purifier
- 2 Nutritional Shakes
- Multivitamin/Mineral
- Appetite Appeaser
- Cellulite Cleanse
- Vitamin D
- Sipper Bottles
- Vitamin B12

**OPTION #2 - SERVICES
& SUPPLEMENTS
(Everything Above Included)**

- 3 Coaching Sessions
- 3 Sauna Treatment
- 3 Exercise with Oxygen Therapy Sessions
- 3 Body Wraps
- 1 Follow-Up Evaluation
- 24-Hour Access to Club Reduce Staff

Included Supplements:
(Everything in 20-Day Rejuvenation Program)

- Digestive Enzyme Blend
- Antioxidant
- Evening Primrose Oil
- Flax Seed Oil
- Liquid Calcium
- Anti-Cellulite Lotion
- Exercise Gel
- Probiotic Blend

Additional Services:

- 5 Coaching Sessions
- 5 Sauna Treatments
- 5 Exercise with Oxygen Therapy Sessions
- 5 Body Wraps
- 5 SMT (Self-Mastery Technology) Sessions
- 5 Sessions of Whole Body Vibration (WBV)
- 1 Follow-Up Evaluation
- 2 Bio Scans
- 24-Hour Access to Club Reduce Staff

**INCLUDES ONE YEAR OF
FREE MAINTENANCE!**

- Weekly SMT Sessions
- Weekly WBV Sessions
- 24-Hour Access to Club Reduce Staff

Included Supplements:
*(Everything in the 5-Week Program plus much more at a reduced price!)***Additional Services:**

- 12 Coaching Sessions
- 12 Sauna Treatments
- 12 Exercise with Oxygen Therapy Sessions (EWOT)
- 12 Body Wraps
- 12 SMT (Self-Mastery Technology) Sessions
- 12 Sessions of Whole Body Vibration (WBV)
- 1 Follow-Up Evaluation
- 3 Bio Scans
- 24-Hour Access to Club Reduce Staff

**INCLUDES ONE YEAR OF
FREE MAINTENANCE!**

- Weekly SMT Sessions
- Weekly WBV Sessions
- 24-Hour Access to Club Reduce Staff

Included Supplements:
*(Everything in the 12-Week Program plus much more at a reduced price!)***Additional Services:**

- 26 Coaching Sessions
- 26 Sauna Treatments
- 26 Exercise with Oxygen Therapy Sessions (EWOT)
- 26 Body Wraps
- 26 SMT (Self-Mastery Technology) Sessions
- 26 Sessions of Whole Body Vibration
- 1 Follow-Up Evaluation
- 4 Bio Scans
- 24-Hour Access to Club Reduce Staff

**OPTION #1 - 6 MONTH
MAINTENANCE****Additional Services:**

- 6 Monthly Evaluations
- 6 EWOT Sessions
- 6 Sauna Treatments
- 6 Body Wraps
- 6 SMT Sessions
- 10% Discount on Solutions4 Products
- 24-Hour Access to Club Reduce Staff

**OPTION #2 - BASIC
1-YEAR MAINTENANCE**

(Everything in the 6-Month Plan is DOUBLED - with exception of the 10% Discount and Access to Club Reduce Staff, which remain the same)

- 12 Sessions of WBV
- \$25 of Free Solutions4 Product Each Month for a Year

**OPTION #3 - PREMIUM
1-YEAR MAINTENANCE**

(Everything in the Basic Plan Included)

- 12 LipoLight Sessions
- 4 Quarterly Bio Scans
- 1 SMT FitBit Machine
- An Extra \$25 of Free Solutions4 Product Each Month for a Year (\$50 total)



7-DAY DETOX



14-DAY WEIGHT LOSS



20-DAY REJUVENATION



5-WEEK PROGRAM



12-WEEK PROGRAM



6-MONTH WEIGHT LOSS



MAINTENANCE

Included Supplements:

- Fiber Blend
- Intestinal Cleanser
- Body Purifier
- Sipper Bottles
- Essential Greens

Additional Services:

- Coaching Session
- Body Wrap

Included Supplements:

- Nutritional Shake
- Appetite Appeaser
- Essential Greens
- Daily Antioxidant Essentials
- Blender Bottle

Additional Services:

- Coaching Session
- Body Wrap

**OPTION #1
SUPPLEMENTS ONLY****Included Supplements:**

- Fiber Blend
- Intestinal Cleanser
- Body Purifier
- 2 Nutritional Shakes
- Multivitamin/Mineral
- Appetite Appeaser
- Cellulite Cleanse
- Vitamin D
- Sipper Bottles
- Vitamin B12

**VALUE: \$285
YOU PAY: \$199**

OPTION #2 - SERVICES & SUPPLEMENTS**(Everything Above Included)**

- 3 Coaching Sessions
- 3 Sauna Treatment
- 3 Exercise with Oxygen Therapy Sessions
- 3 Body Wraps
- 1 Follow-Up Evaluation
- 24-Hour Access to Club Reduce Staff

**Included Supplements:
(Everything in 20-Day Rejuvenation Program)**

- Digestive Enzyme Blend
- Antioxidant
- Evening Primrose Oil
- Flax Seed Oil
- Liquid Calcium
- Anti-Cellulite Lotion
- Exercise Gel
- Probiotic Blend

Additional Services:

- 5 Coaching Sessions
- 5 Sauna Treatments
- 5 Exercise with Oxygen Therapy Sessions
- 5 Body Wraps
- 5 SMT (Self-Mastery Technology) Sessions
- 5 Sessions of Whole Body Vibration (WBV)
- 1 Follow-Up Evaluation
- 2 Bio Scans
- 24-Hour Access to Club Reduce Staff

INCLUDES ONE YEAR OF FREE MAINTENANCE!**Included Supplements:
(Everything in the 5-Week Program plus much more at a reduced price!)**

- 12 Coaching Sessions
- 12 Sauna Treatments
- 12 Exercise with Oxygen Therapy Sessions (EWOT)
- 12 Body Wraps
- 12 SMT (Self-Mastery Technology) Sessions
- 26 Sessions of Whole Body Vibration
- 1 Follow-Up Evaluation
- 3 Bio Scans
- 24-Hour Access to Club Reduce Staff

INCLUDES ONE YEAR OF FREE MAINTENANCE!**Included Supplements:
(Everything in the 12-Week Program plus much more at a reduced price!)**

- 26 Coaching Sessions
- 26 Sauna Treatments
- 26 Exercise with Oxygen Therapy Sessions (EWOT)
- 26 Body Wraps
- 26 SMT (Self-Mastery Technology) Sessions
- 26 Sessions of Whole Body Vibration
- 1 Follow-Up Evaluation
- 4 Bio Scans
- 24-Hour Access to Club Reduce Staff

**INCLUDES ONE YEAR OF FREE MAINTENANCE!****OPTION #1 - 6 MONTH MAINTENANCE****Additional Services:**

- 6 Monthly Evaluations
- 6 EWOT Sessions
- 6 Sauna Treatments
- 6 Body Wraps
- 6 SMT Sessions
- 10% Discount on Solutions4 Products
- 24-Hour Access to Club Reduce Staff

VALUE: \$2,160**YOU PAY: \$600****OPTION #2 - BASIC 1-YEAR MAINTENANCE****(Everything in the 6-Month Plan is DOUBLED - with exception of the 10% Discount and Access to Club Reduce Staff, which remain the same)**

- 12 Sessions of WBV
- \$25 of Free Solutions4 Product Each Month for a Year

VALUE: \$5,220**YOU PAY: \$1,200****OPTION #3 - PREMIUM 1-YEAR MAINTENANCE****(Everything in the Basic Plan Included)**

- 12 LipoLight Sessions
- 4 Quarterly Bio Scans
- 1 SMT FitBit Machine
- An Extra \$25 of Free Solutions4 Product Each Month for a Year (\$50 total)

VALUE: \$7,380**YOU PAY: \$2,197**

**VALUE: \$290
YOU PAY: \$199**

**VALUE: \$327.50
YOU PAY: \$249**

**VALUE: \$1,190
YOU PAY: \$949**

**VALUE: \$2,736
YOU PAY: \$2,549
OR ONLY \$142/MONTH!**

**VALUE: \$5,834
YOU PAY: \$3,599
OR ONLY \$200/MONTH!**

**VALUE: \$11,274
YOU PAY: \$5,499
OR ONLY \$300/MONTH!**