



7-DAY DETOX



14-DAY WEIGHT LOSS



20-DAY REJUVENATION



5-WEEK PROGRAM



12-WEEK PROGRAM



6-MONTH WEIGHT LOSS



MAINTENANCE

Included Supplements:

- Fiber Blend
- Intestinal Cleanser
- Body Purifier
- Sipper Bottles
- Essential Greens

Additional Services:

- Coaching Session
- Body Wrap

Included Supplements:

- Nutritional Shake
- Appetite Appeaser
- Essential Greens
- Daily Antioxidant Essentials
- Blender Bottle

Additional Services:

- Coaching Session
- Body Wrap

OPTION #1
SUPPLEMENTS ONLY
Included Supplements:

- Fiber Blend
- Intestinal Cleanser
- Body Purifier
- 2 Nutritional Shakes
- Multivitamin/Mineral
- Appetite Appeaser
- Cellulite Cleanse
- Vitamin D
- Sipper Bottles
- Vitamin B12

OPTION #2 - SERVICES
& SUPPLEMENTS
(Everything Above Included)

- 3 Coaching Sessions
- 3 Sauna Treatment
- 3 Exercise with Oxygen Therapy Sessions
- 3 Body Wraps
- 1 Follow-Up Evaluation
- 24-Hour Access to Club Reduce Staff

Included Supplements:
(Everything in 20-Day Rejuvenation Program)

- Digestive Enzyme Blend
- Antioxidant
- Evening Primrose Oil
- Flax Seed Oil
- Liquid Calcium
- Anti-Cellulite Lotion
- Exercise Gel
- Probiotic Blend

Additional Services:

- 5 Coaching Sessions
- 5 Sauna Treatments
- 5 Exercise with Oxygen Therapy Sessions
- 5 Body Wraps
- 5 SMT (Self-Mastery Technology) Sessions
- 5 Sessions of Whole Body Vibration (WBV)
- 1 Follow-Up Evaluation
- 2 Bio Scans
- 24-Hour Access to Club Reduce Staff

INCLUDES ONE YEAR OF
FREE MAINTENANCE!

- Weekly SMT Sessions
- Weekly WBV Sessions
- 24-Hour Access to Club Reduce Staff

Included Supplements:
(Everything in the 5-Week Program plus much more at a reduced price!)

Additional Services:

- 12 Coaching Sessions
- 12 Sauna Treatments
- 12 Exercise with Oxygen Therapy Sessions (EWOT)
- 12 Body Wraps
- 12 SMT (Self-Mastery Technology) Sessions
- 12 Sessions of Whole Body Vibration (WBV)
- 1 Follow-Up Evaluation
- 3 Bio Scans
- 24-Hour Access to Club Reduce Staff

INCLUDES ONE YEAR OF
FREE MAINTENANCE!

- Weekly SMT Sessions
- Weekly WBV Sessions
- 24-Hour Access to Club Reduce Staff

Included Supplements:
(Everything in the 12-Week Program plus much more at a reduced price!)

Additional Services:

- 26 Coaching Sessions
- 26 Sauna Treatments
- 26 Exercise with Oxygen Therapy Sessions (EWOT)
- 26 Body Wraps
- 26 SMT (Self-Mastery Technology) Sessions
- 26 Sessions of Whole Body Vibration
- 1 Follow-Up Evaluation
- 4 Bio Scans
- 24-Hour Access to Club Reduce Staff



INCLUDES ONE YEAR OF
FREE MAINTENANCE!

- Weekly SMT Sessions
- Weekly WBV Sessions
- 24-Hour Access to Club Reduce Staff

OPTION #1 - 6 MONTH
MAINTENANCE
Additional Services:

- 6 Monthly Evaluations
- 6 EWOT Sessions
- 6 Sauna Treatments
- 6 Body Wraps
- 6 SMT Sessions
- 10% Discount on Solutions4 Products
- 24-Hour Access to Club Reduce Staff

OPTION #2 - BASIC
1-YEAR MAINTENANCE

(Everything in the 6-Month Plan is DOUBLED - with exception of the 10% Discount and Access to Club Reduce Staff, which remain the same)

- 12 Sessions of WBV
- \$25 of Free Solutions4 Product Each Month for a Year

OPTION #3 - PREMIUM
1-YEAR MAINTENANCE

(Everything in the Basic Plan Included)

- 12 LipoLight Sessions
- 4 Quarterly Bio Scans
- 1 SMT FitBit Machine
- An Extra \$25 of Free Solutions4 Product Each Month for a Year (\$50 total)

 <p>7-DAY DETOX</p>	 <p>14-DAY WEIGHT LOSS</p>	 <p>20-DAY REJUVENATION</p>	 <p>5-WEEK PROGRAM</p>	 <p>12-WEEK PROGRAM</p>	 <p>6-MONTH WEIGHT LOSS</p>	 <p>MAINTENANCE</p>
<p>Included Supplements:</p> <ul style="list-style-type: none"> • Fiber Blend • Intestinal Cleanser • Body Purifier • Sipper Bottles • Essential Greens <p>Additional Services:</p> <ul style="list-style-type: none"> • Coaching Session • Body Wrap 	<p>Included Supplements:</p> <ul style="list-style-type: none"> • Nutritional Shake • Appetite Appeaser • Essential Greens • Daily Antioxidant Essentials • Blender Bottle <p>Additional Services:</p> <ul style="list-style-type: none"> • Coaching Session • Body Wrap 	<p>OPTION #1 SUPPLEMENTS ONLY</p> <p>Included Supplements:</p> <ul style="list-style-type: none"> • Fiber Blend • Intestinal Cleanser • Body Purifier • 2 Nutritional Shakes • Multivitamin/Mineral • Appetite Appeaser • Cellulite Cleanse • Vitamin D • Sipper Bottles • Vitamin B12 <p>VALUE: \$285 YOU PAY: \$199</p> <hr/> <p>OPTION #2 - SERVICES & SUPPLEMENTS (Everything Above Included)</p> <ul style="list-style-type: none"> • 3 Coaching Sessions • 3 Sauna Treatment • 3 Exercise with Oxygen Therapy Sessions • 3 Body Wraps • 1 Follow-Up Evaluation • 24-Hour Access to Club Reduce Staff 	<p>Included Supplements: <i>(Everything in 20-Day Rejuvenation Program)</i></p> <ul style="list-style-type: none"> • Digestive Enzyme Blend • Antioxidant • Evening Primrose Oil • Flax Seed Oil • Liquid Calcium • Anti-Cellulite Lotion • Exercise Gel • Probiotic Blend <p>Additional Services:</p> <ul style="list-style-type: none"> • 5 Coaching Sessions • 5 Sauna Treatments • 5 Exercise with Oxygen Therapy Sessions • 5 Body Wraps • 5 SMT (Self-Mastery Technology) Sessions • 5 Sessions of Whole Body Vibration (WBV) • 1 Follow-Up Evaluation • 2 Bio Scans • 24-Hour Access to Club Reduce Staff <p>INCLUDES ONE YEAR OF FREE MAINTENANCE!</p>	<p>Included Supplements: <i>(Everything in the 5-Week Program plus much more at a reduced price!)</i></p> <p>Additional Services:</p> <ul style="list-style-type: none"> • 12 Coaching Sessions • 12 Sauna Treatments • 12 Exercise with Oxygen Therapy Sessions (EWOT) • 12 Body Wraps • 12 SMT (Self-Mastery Technology) Sessions • 12 Sessions of Whole Body Vibration (WBV) • 1 Follow-Up Evaluation • 3 Bio Scans • 24-Hour Access to Club Reduce Staff <p>INCLUDES ONE YEAR OF FREE MAINTENANCE!</p>	<p>Included Supplements: <i>(Everything in the 12-Week Program plus much more at a reduced price!)</i></p> <p>Additional Services:</p> <ul style="list-style-type: none"> • 26 Coaching Sessions • 26 Sauna Treatments • 26 Exercise with Oxygen Therapy Sessions (EWOT) • 26 Body Wraps • 26 SMT (Self-Mastery Technology) Sessions • 26 Sessions of Whole Body Vibration • 1 Follow-Up Evaluation • 4 Bio Scans • 24-Hour Access to Club Reduce Staff <div>  <p>BEST VALUE!</p> </div> <p>INCLUDES ONE YEAR OF FREE MAINTENANCE!</p>	<p>OPTION #1 - 6 MONTH MAINTENANCE</p> <p>Additional Services:</p> <ul style="list-style-type: none"> • 6 Monthly Evaluations • 6 EWOT Sessions • 6 Sauna Treatments • 6 Body Wraps • 6 SMT Sessions • 10% Discount on Solutions4 Products • 24-Hour Access to Club Reduce Staff <p>VALUE: \$2,160 YOU PAY: \$600</p> <hr/> <p>OPTION #2 - BASIC 1-YEAR MAINTENANCE <i>(Everything in the 6-Month Plan is DOUBLED - with exception of the 10% Discount and Access to Club Reduce Staff, which remain the same)</i></p> <ul style="list-style-type: none"> • 12 Sessions of WBV • \$25 of Free Solutions4 Product Each Month for a Year <p>VALUE: \$5,220 YOU PAY: \$1,200</p> <hr/> <p>OPTION #3 - PREMIUM 1-YEAR MAINTENANCE <i>(Everything in the Basic Plan Included)</i></p> <ul style="list-style-type: none"> • 12 LipoLight Sessions • 4 Quarterly Bio Scans • 1 SMT FitBit Machine • An Extra \$25 of Free Solutions4 Product Each Month for a Year (\$50 total)
<p>VALUE: \$290 YOU PAY: \$199</p>	<p>VALUE: \$327.50 YOU PAY: \$249</p>	<p>VALUE: \$1,190 YOU PAY: \$949</p>	<p>VALUE: \$2,736 YOU PAY: \$2,549 OR ONLY \$142/MONTH!</p>	<p>VALUE: \$5,834 YOU PAY: \$3,599 OR ONLY \$200/MONTH!</p>	<p>VALUE: \$11,274 YOU PAY: \$5,499 OR ONLY \$300/MONTH!</p>	<p>VALUE: \$7,380 YOU PAY: \$2,197</p>