



## 7-DAY CLEANSE



## 14-DAY WEIGHT LOSS



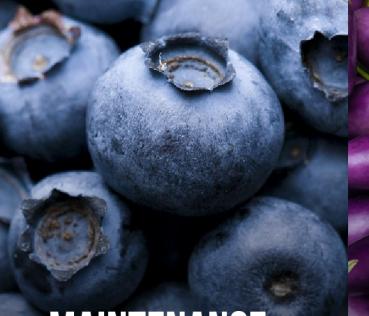
## 20-DAY REJUVENATION



## 5-WEEK PROGRAM



## 12-WEEK PROGRAM



## MAINTENANCE



## PROGRAM ENHANCEMENTS

**Included Supplements:**

- Body Purifier
- Intestinal Cleanser
- Konjac Root Fiber
- Essential Greens

**Included Supplements:**

- Extra Strength Tonalin CLA
- Appetite Appeaser Plus Suppressant
- Green Coffee Bean Extract
- Raspberry Ketones
- 7- KETO DHEA

**Included Supplements:**

- Fiber Blend
- Intestinal Cleanser
- Body Purifier
- 2 Nutritional Shakes
- Multivitamin/Mineral
- Appetite Appeaser
- Cellulite Cleanse
- Vitamin D
- Sipper Bottles
- Vitamin B12

**Included Services**

- 3 Coaching Sessions
- 3 Sauna Treatment
- 3 Exercise with Oxygen Therapy Sessions
- 3 Body Wraps
- 1 Follow-Up Evaluation
- 24-Hour Access to Club Reduce Staff

**Included Supplements:***(Everything in 20-Day Rejuvenation Program)*

- Digestive Enzyme Blend
- Antioxidant
- Evening Primrose Oil
- Flax Seed Oil
- Liquid Calcium
- Anti-Cellulite Lotion
- Exercise Gel
- Probiotic Blend

**Included Services:**

- 5 Coaching Sessions
- 5 Sauna Treatments
- 5 Exercise with Oxygen Therapy Sessions
- 5 Body Wraps
- 5 SMT (Self-Mastery Technology) Sessions
- 5 Sessions of Whole Body Vibration (WBV)
- 1 Follow-Up Evaluation
- 24-Hour Access to Club Reduce Staff

**Included Supplements:***(Everything in the 5-Week Program plus much more at a reduced price!)***Included Services:**

- 12 Coaching Sessions
- 12 Sauna Treatments
- 12 Exercise with Oxygen Therapy Sessions (EWOT)
- 12 Body Wraps
- 12 SMT (Self-Mastery Technology) Sessions
- 12 Sessions of Whole Body Vibration (WBV)
- 1 Follow-Up Evaluation
- 24-Hour Access to Club Reduce Staff

**OPTION #1 - 6 MONTH MAINTENANCE****Additional Services:**

- 6 Monthly Evaluations
- 6 EWOT Sessions
- 6 Sauna Treatments
- 6 Body Wraps
- 6 SMT Sessions
- 10% Discount on Solutions4 Products
- 24-Hour Access to Club Reduce Staff

**OPTION #2 - BASIC 1-YEAR MAINTENANCE***(Everything in the 6-Month Plan is DOUBLED - with exception of the 10% Discount and Access to Club Reduce Staff, which remain the same)*

- 12 Sessions of WBV
- \$25 of Free Solutions4 Product Each Month for a Year

**OPTION #3 - PLATINUM 1-YEAR MAINTENANCE***(Everything in the Basic Plan Included)*

- 12 LipoLight Sessions
- 4 Quarterly Bio Scans
- 1 SMT Light & Sound Machine
- An Extra \$25 of Free Solutions4 Product Each Month for a Year (\$50 total)

**Do-It-Yourself**  
**(Does Not Include In-Clinic Services)****Do-It-Yourself**  
**(Does Not Include In-Clinic Services)****We Help You!**  
**(Includes a Variety of In-Clinic Services)****We Help You!**  
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Acne

Anti-Aging

Clear Skin

Diabeties

Fibromyalgia

Gluten-Free

Hormone

Insomnia

Lipo Laser

Lipo Light

Quit for Life

Stress-Free

Thyroid

Ultimate Weight Loss



## 7-DAY CLEANSE



## 14-DAY WEIGHT LOSS



## 20-DAY REJUVENATION



## 5-WEEK PROGRAM



## 12-WEEK PROGRAM



## MAINTENANCE



## PROGRAM ENHANCEMENTS

**Included Supplements:**

- Body Purifier
- Intestinal Cleanser
- Konjac Root Fiber
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**Included Supplements:**

- Extra Strength Tonalin CLA
- Appetite Appeaser Plus Suppressant
- Green Coffee Bean Extract
- Raspberry Ketones
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**Included Supplements:**

- Fiber Blend
- Intestinal Cleanser
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- 2 Nutritional Shakes
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- Vitamin D
- Sipper Bottles
- Vitamin B12

**Included Supplements:**

*(Everything in 20-Day Rejuvenation Program)*

- Digestive Enzyme Blend
- Antioxidant
- Evening Primrose Oil
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- Liquid Calcium
- Anti-Cellulite Lotion
- Exercise Gel
- Probiotic Blend

**Included Services:**

- 3 Coaching Sessions
- 3 Sauna Treatment
- 3 Exercise with Oxygen Therapy Sessions
- 3 Body Wraps
- 1 Follow-Up Evaluation
- 24-Hour Access to Club Reduce Staff

**Included Supplements:**

*(Everything in the 5-Week Program plus much more at a reduced price!)*

**Included Services:**

- 12 Coaching Sessions
- 12 Sauna Treatments
- 12 Exercise with Oxygen Therapy Sessions (EWOT)
- 12 Body Wraps
- 12 SMT (Self-Mastery Technology) Sessions
- 12 Sessions of Whole Body Vibration (WBV)
- 1 Follow-Up Evaluation
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**OPTION #1 - 6 MONTH MAINTENANCE****Additional Services:**

- 6 Monthly Evaluations
- 6 EWOT Sessions
- 6 Sauna Treatments
- 6 Body Wraps
- 6 SMT Sessions
- 10% Discount on Solutions4 Products
- 24-Hour Access to Club Reduce Staff

**PRICE: \$697****OPTION #2 - BASIC 1-YEAR MAINTENANCE**

*(Everything in the 6-Month Plan is DOUBLED - with exception of the 10% Discount and Access to Club Reduce Staff, which remain the same)*

- 12 Sessions of WBV
- \$25 of Free Solutions4 Product Each Month for a Year

**PRICE: \$1,200****OPTION #3 - PLATINUM 1-YEAR MAINTENANCE**

*(Everything in the Basic Plan Included)*

- 12 LipoLight Sessions
- 4 Quarterly Bio Scans
- 1 SMT Light & Sound Machine
- An Extra \$25 of Free Solutions4 Product Each Month for a Year (\$50 total)

**PRICE: \$2,197**

**Do-It-Yourself**  
**(Does Not Include**  
**In-Clinic Services)**

**Do-It-Yourself**  
**(Does Not Include**  
**In-Clinic Services)**

**We Help You!**  
**(Includes a Variety of**  
**In-Clinic Services)**

**PRICE: \$70****PRICE: \$90****PRICE: \$819****PRICE: \$2,636****PRICE: \$5,684**

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Anti-Aging

Clear Skin

Diabeties

Fibromyalgia

Gluten-Free

Hormone

Insomnia

Lipo Laser

Lipo Light

Quit for Life

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Thyroid

Ultimate Weight Loss