



7-DAY CLEANSE

14-DAY WEIGHT LOSS

20-DAY REJUVENATION

5-WEEK PROGRAM

12-WEEK PROGRAM

MAINTENANCE

PROGRAM ENHANCEMENTS

Included Supplements:

- Body Purifier
- Intestinal Cleanser
- Konjac Root Fiber
- Essential Greens

Included Supplements:

- Extra Strength Tonalin CLA
- Appetite Appeaser Plus Suppressant
- Green Coffee Bean Extract
- Raspberry Ketones
- 7- KETO DHEA

Included Supplements:

- Fiber Blend
- Intestinal Cleanser
- Body Purifier
- 2 Nutritional Shakes
- Multivitamin/Mineral
- Appetite Appeaser
- Cellulite Cleanse
- Vitamin D
- Sipper Bottles
- Vitamin B12

Included Services

- 3 Coaching Sessions
- 3 Sauna Treatment
- 3 Exercise with Oxygen Therapy Sessions
- 3 Body Wraps
- 1 Follow-Up Evaluation
- 24-Hour Access to Club Reduce Staff

Included Supplements:
(Everything in 20-Day Rejuvenation Program)

- Digestive Enzyme Blend
- Antioxidant
- Evening Primrose Oil
- Flax Seed Oil
- Liquid Calcium
- Anti-Cellulite Lotion
- Exercise Gel
- Probiotic Blend

Included Services:

- 5 Coaching Sessions
- 5 Sauna Treatments
- 5 Exercise with Oxygen Therapy Sessions
- 5 Body Wraps
- 5 SMT (Self-Mastery Technology) Sessions
- 5 Sessions of Whole Body Vibration (WBV)
- 1 Follow-Up Evaluation
- 24-Hour Access to Club Reduce Staff

Included Supplements:
(Everything in the 5-Week Program plus much more at a reduced price!)

Included Services:

- 12 Coaching Sessions
- 12 Sauna Treatments
- 12 Exercise with Oxygen Therapy Sessions (EWOT)
- 12 Body Wraps
- 12 SMT (Self-Mastery Technology) Sessions
- 12 Sessions of Whole Body Vibration (WBV)
- 1 Follow-Up Evaluation
- 24-Hour Access to Club Reduce Staff

OPTION #1 - 6 MONTH MAINTENANCE

Additional Services:

- 6 Monthly Evaluations
- 6 EWOT Sessions
- 6 Sauna Treatments
- 6 Body Wraps
- 6 SMT Sessions
- 10% Discount on Solutions4 Products
- 24-Hour Access to Club Reduce Staff

OPTION #2 - BASIC 1-YEAR MAINTENANCE

(Everything in the 6-Month Plan is DOUBLED - with exception of the 10% Discount and Access to Club Reduce Staff, which remain the same)

- 12 Sessions of WBV
- \$25 of Free Solutions4 Product Each Month for a Year

OPTION #3 - PLATINUM 1-YEAR MAINTENANCE

(Everything in the Basic Plan Included)

- 12 LipoLight Sessions
- 4 Quarterly Bio Scans
- 1 SMT Light & Sound Machine
- An Extra \$25 of Free Solutions4 Product Each Month for a Year (\$50 total)

ENHANCE ANY PROGRAM WITH THESE SPECIFIC RESOURCES:

- Acne
- Anit-Aging
- Clear Skin
- Diabeties
- Fibromyalgia
- Gluten-Free
- Hormone
- Insomnia
- Lipo Laser
- Lipo Light
- Quit for Life
- Stress-Free
- Thyroid
- Ultimate Weight Loss

Do-It-Yourself
(Does Not Include In-Clinic Services)

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We Help You!
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