



## 7- Day Cleanse

### **Included Supplements:**

Body Purifier  
Intestinal Cleanser  
Konjac Root Fiber  
Essential Greens

## 14 - Day Weight Loss

### **Included Supplements:**

Extra Strength  
Tonalin CLA  
Appetite Appeaser and Suppressant  
Green Coffee Bean Extract  
Raspberry Ketones  
7 - KETO DHEA

## 20 - Day Rejuvenation

### **Included Supplements:**

Fiber Blend  
Intestinal Cleanser  
Body Purifier  
2 Nutritional Shakes  
Multivitamin/Mineral  
Appetite Appeaser  
Cellulite Cleanse  
Vitamin D  
Sipper Bottles  
Vitamin B12

### **Included Services:**

3 Coaching Sessions  
3 Sauna Treatment  
3 Exercise with Oxygen  
  
Therapy Sessions  
3 Body Wraps  
1 Follow Up Evaluation  
24 - Hour Access to Club  
Reduce Staff

## 5 - Week Program

### **Included Supplements:**

(Everything in 20 day Rejuvenation Program)

Digestive Enzyme Blend  
Antioxidant  
Evening Primrose Oil  
Liquid Calcium  
Flax Seed Oil  
Exercise Gel  
Anti Cellulite Lotion  
Probiotic Blend

### **Included Services:**

5 Coaching Sessions  
5 Sauna Treatments  
5 Exercise with Oxygen Therapy Sessions  
5 Body Wraps  
5 SMT (Self Mastery Technology) Sessions  
5 Sessions of Whole Body Vibration (WBV)  
1 Follow Up Evaluation  
24 - Hour Access to Club  
Reduce Staff

## 12 - Week Program

### **Included Supplements:**

(Everything in the 5 Week Program plus much more at a reduced price!)

### **Included Services:**

12 Coaching Sessions  
12 Sauna Treatments  
12 Exercise with Oxygen Therapy Sessions (EWOT)  
12 Body Wraps  
12 SMT (Self Mastery Technology) Sessions  
12 Sessions of Whole Body Vibration (WBV)  
1 Follow Up Evaluation  
24 - Hour Access to Club  
Reduce Staff

## Maintenance

### **Option #1 -6 Month Maintenance**

6 Monthly Evaluations  
6 EWOT Sessions  
6 Sauna Treatments  
6 Body Wraps  
6 SMT Sessions  
10% Discount on Solutions4 Products  
24-Hour Access to Club  
Reduce Staff

### **Option #2 - Basic 1-Year Maintenance**

(Everything in the 6 Month Plan is DOUBLED with exception of the 10% Discount and Access to Club Reduce Staff, which remain the same)

\$25 of Free Solutions4 Product Each Month for a Year

### **Option #3-Platinum 1- Year Maintenance**

(Everything in the Basic Plan Included)

12 LipoLight Sessions  
1 SMT Light and Sound Machine  
\$50 of Free Solutions4 Product Each Month for a Year

## Program Enhancements

### **Enhance any program with these Specific resources:**

Acne

Anti- Aging

Clear Skin

Diabetes

Fibromyalgia

Gluten- Free

Hormone

Insomnia

Lipo Laser

Lipo Light

Quit for Life

Stress- Free

Thyroid

Ultimate Weight Loss





## 7- Day Cleanse

### Included Supplements:

Body Purifier  
Intestinal Cleanser  
Konjac Root Fiber  
Essential Greens

## 14 - Day Weight Loss

### Included Supplements:

Extra Strength  
Tonalin CLA  
Appetite Appeaser and Suppressant  
Green Coffee Bean Extract  
Raspberry Ketones  
7 - KETO DHEA

## 20 - Day Rejuvenation

### Included Supplements:

Fiber Blend  
Intestinal Cleanser  
Body Purifier  
2 Nutritional Shakes  
Multivitamin/Mineral  
Appetite Appeaser  
Cellulite Cleanse  
Vitamin D  
Sipper Bottles  
Vitamin B12

### Included Services:

3 Coaching Sessions  
3 Sauna Treatment  
3 Exercise with Oxygen  
  
Therapy Sessions  
3 Body Wraps  
1 Follow Up Evaluation  
24 - Hour Access to Club Reduce Staff

*We Help You!  
(Includes a Variety of In -Clinic Services)*

**PRICE: \$819**

## 5 - Week Program

### Included Supplements:

(Everything in 20 day Rejuvenation Program)

Digestive Enzyme Blend  
Antioxidant  
Evening Primrose Oil  
Liquid Calcium  
Flax Seed Oil  
Exercise Gel  
Anti Cellulite Lotion  
Probiotic Blend

### Included Services:

5 Coaching Sessions  
5 Sauna Treatments  
5 Exercise with Oxygen Therapy Sessions  
(EWOT)  
5 Body Wraps  
5 SMT (Self Mastery Technology) Sessions  
12 Sessions of Whole Body Vibration (WBV)  
1 Follow Up Evaluation  
24 - Hour Access to Club Reduce Staff

*We Help You!  
(Includes a Variety of In -Clinic Services)*

**PRICE: \$2,636**

## 12 - Week Program

### Included Supplements:

(Everything in the 5 Week Program plus much more at a reduced price!)

### Included Services:

12 Coaching Sessions  
12 Sauna Treatments  
12 Exercise with Oxygen Therapy Sessions (EWOT)  
12 Body Wraps  
12 SMT (Self Mastery Technology) Sessions  
12 Sessions of Whole Body Vibration (WBV)  
1 Follow Up Evaluation  
24 - Hour Access to Club Reduce Staff

*We Help You!  
(Includes a Variety of In -Clinic Services)*

**PRICE: \$5,684**

## Maintenance

### Option #1 -6 Month Maintenance

6 Monthly Evaluations  
6 EWOT Sessions  
6 Sauna Treatments  
6 Body Wraps  
6 SMT Sessions  
10% Discount on Solutions4 Products  
24-Hour Access to Club Reduce Staff

**PRICE: \$697**

### Option #2 – Basic 1-Year Maintenance

(Everything in the 6 Month Plan is DOUBLED with exception of the 10% Discount and Access to Club Reduce Staff, which remain the same)

\$25 of Free Solutions4 Product Each Month for a Year

**PRICE: \$1,200**

### Option #3–Platinum 1-Year Maintenance

(Everything in the Basic Plan Included)

12 LipoLight Sessions  
1 SMT Light and Sound Machine  
\$50 of Free Solutions4 Product Each Month for a Year

**PRICE: \$2,197**

## Program Enhancements

### Enhance any program with these Specific resources:

Acne

Anti- Aging

Clear Skin

Diabetes

Fibromyalgia

Gluten- Free

Hormone

Insomnia

Lipo Laser

Lipo Light

Quit for Life

Stress- Free

Thyroid

Ultimate Weight Loss

