



7- Day Cleanse

Included Supplements:

Body Purifier
Intestinal Cleanser
Konjac Root Fiber
Essential Greens

*Do-It-yourself
(Does Not Include
In-clinic Services)*



14 - Day Weight Loss

Included Supplements:

Extra Strength
Tonalin CLA
Appetite Appeaser
and Suppressant
Green Coffee Bean
Extract
Raspberry Ketones
7 - KETO DHEA

*Do-It-yourself
(Does Not Include
In-clinic Services)*



20 - Day Rejuvenation

Included Supplements:

Fiber Blend
Intestinal Cleanser
Body Purifier
2 Nutritional Shakes
Multivitamin/Mineral
Appetite Appeaser
Cellulite Cleanse
Vitamin D
Sipper Bottles
Vitamin B12

Included Services:

3 Coaching Sessions
3 Sauna Treatment
3 Exercise with Oxygen

Therapy Sessions
3 Body Wraps
1 Follow Up Evaluation
24 - Hour Access to Club
Reduce Staff

*We Help You!
(Includes a Variety of
In -Clinic Services)*



5 - Week Program

Included Supplements:

(Everything in 20 day
Rejuvenation Program)

Digestive Enzyme Blend
Antioxidant
Evening Primrose Oil
Liquid Calcium
Flax Seed Oil
Exercise Gel
Anti Cellulite Lotion
Probiotic Blend

Included Services:

5 Coaching Sessions
5 Sauna Treatments
5 Exercise with Oxygen
Therapy Sessions
5 Body Wraps
5 SMT (Self Mastery
Technology) Sessions
5 Sessions of Whole Body
Vibration (WBV)
1 Follow Up Evaluation
24-Hour Access to Club
Reduce Staff

*We Help You!
(Includes a Variety of
In -Clinic Services)*



12 - Week Program

Included Supplements:

(Everything in the 5 Week
Program plus much
more at a reduced price!)

Included Services:

12 Coaching Sessions
12 Sauna Treatments
12 Exercise with Oxygen
Therapy Sessions
(EWOT)
12 Body Wraps
12 SMT (Self Mastery
Technology) Sessions
12 Sessions of Whole
Body Vibration (WBV)
1 Follow Up Evaluation
24 - Hour Access to Club
Reduce Staff

*We Help You!
(Includes a Variety of
In -Clinic Services)*



Maintenance

Option #1 -6- Month
Maintenance

6 Monthly Evaluations
6 EWOT Sessions
6 Sauna Treatments
6 Body Wraps
6 SMT Sessions
10% Discount on Solutions4
Products
24-Hour Access to Club
Reduce Staff

Option #2 - Basic
1-Year Maintenance

(Everything in the 6 Month
Plan is DOUBLED with
exception of the 10%
Discount and Access to
Club Reduce Staff, which
remain the same)

\$25 of Free Solutions4
Product
Each Month for a Year

Option #3-Platinum
1- Year Maintenance

(Everything in the Basic
Plan Included)

12 LipoLight Sessions
1 SMT Light and Sound
Machine
\$50 of Free Solutions4
Product Each Month for a
Year



Program Enhancements

Enhance any program
with these
Specific resources:

Acne
Anti- Aging
Clear Skin
Diabetes
Fibromyalgia
Gluten- Free
Hormone
Insomnia
Lipo Laser
Lipo Light
Quit for Life
Stress- Free
Thyroid
Ultimate Weight Loss





7- Day Cleanse

Included Supplements:

Body Purifier
Intestinal Cleanser
Konjac Root Fiber
Essential Greens

*Do-It-yourself
(Does Not Include
In-clinic Services)*

PRICE: \$70



14 - Day Weight Loss

Included Supplements:

Extra Strength
Tonalin CLA
Appetite Appeaser
and Suppressant
Green Coffee Bean
Extract
Raspberry Ketones
7 - KETO DHEA

*Do-It-yourself
(Does Not Include
In-clinic Services)*

PRICE: \$90



20 - Day Rejuvenation

Included Supplements:

Fiber Blend
Intestinal Cleanser
Body Purifier
2 Nutritional Shakes
Multivitamin/Mineral
Appetite Appeaser
Cellulite Cleanse
Vitamin D
Sipper Bottles
Vitamin B12

Included Services:

3 Coaching Sessions
3 Sauna Treatment
3 Exercise with Oxygen

Therapy Sessions
3 Body Wraps
1 Follow Up Evaluation
24 - Hour Access to Club
Reduce Staff

*We Help You!
(Includes a Variety of
In -Clinic Services)*

PRICE: \$819



5 - Week Program

Included Supplements:

(Everything in 20 day
Rejuvenation Program)

Digestive Enzyme Blend
Antioxidant
Evening Primrose Oil
Liquid Calcium
Flax Seed Oil
Exercise Gel
Anti Cellulite Lotion
Probiotic Blend

Included Services:

5 Coaching Sessions
5 Sauna Treatments
5 Exercise with Oxygen
Therapy Sessions
5 Body Wraps
5 SMT (Self Mastery
Technology) Sessions
5 Sessions of Whole Body
Vibration (WBV)
1 Follow Up Evaluation
24-Hour Access to Club
Reduce Staff

*We Help You!
(Includes a Variety of
In -Clinic Services)*

PRICE: \$2,636



12 - Week Program

Included Supplements:

(Everything in the 5 Week
Program plus much
more at a reduced price!)

Included Services:

12 Coaching Sessions
12 Sauna Treatments
12 Exercise with Oxygen
Therapy Sessions
(EWOT)
12 Body Wraps
12 SMT (Self Mastery
Technology) Sessions
12 Sessions of Whole
Body Vibration (WBV)
1 Follow Up Evaluation
24 - Hour Access to Club
Reduce Staff

*We Help You!
(Includes a Variety of
In -Clinic Services)*

PRICE: \$5,684



Maintenance

Option #1 -6- Month
Maintenance

6 Monthly Evaluations
6 EWOT Sessions
6 Sauna Treatments
6 Body Wraps
6 SMT Sessions
10% Discount on Solutions4
Products
24-Hour Access to Club Reduce Staff

PRICE: \$697

Option #2 - Basic
1-Year Maintenance

(Everything in the 6 Month Plan is
DOUBLED with exception of the
10% Discount and Access to
Club Reduce Staff, which
remain the same)

\$25 of Free Solutions4 Product
Each Month for a Year

PRICE: \$1,200

Option #3-Platinum 1-
Year Maintenance

(Everything in the Basic Plan
Included)

12 LipoLight Sessions
1 SMT Light and Sound
Machine
\$50 of Free Solutions4 Product Each
Month for a Year

PRICE: \$2,197



Program Enhancements

Enhance any program
with these
Specific resources:

Acne
Anti- Aging
Clear Skin
Diabetes
Fibromyalgia
Gluten- Free
Hormone
Insomnia
Lipo Laser
Lipo Light
Quit for Life
Stress- Free
Thyroid
Ultimate Weight Loss

