

Club Reduce Member Site

Welcome! Whether you are just starting a Club Reduce Program or finishing up, we here to help you wherever you are in your journey!

With the Club Reduce Member Site you have amazing tools and resources that keep you successful throughout your life! You will learn how to become the happy, healthy, energetic, vibrant person you always wanted to be.

**Stay Motivated, Educated, Healthy
and Successful!**

Club Reduce Member Site

What Makes Us Different?

Our goal is to help you find out what's keeping your body from burning fat, then help balance your body naturally to keep the weight off! Traditional diet plans take a one-size-fits-all approach and never uncover why your weight got there to begin with. We take a different approach.

You may have already received a one-on-one personal evaluation with our doctor who used the Symptom Assessment to help uncover the reasons you weren't losing weight, and determined the best plan of attack.

You also may have done many of our different services and treatments such as our Detoxifying Body Wraps, Whole Body Vibrating and Infrared Sauna. As you might know these services help to detoxify your body and speed up the weight loss process. We also have Self-Mastery Technology which helps overcome emotional eating and other negative thinking.

One of the most important things we offer is personal weight loss coaching. Our weight loss coach will hold you accountable and guide you through your program step-by-step, providing necessary support. After all, accountability breeds success!

Well now you can have so much more with full access to the Club Reduce Member Site! With this site you can access exercises, recipes, cooking classes, newsletters, take the symptom assessment and most important track your calories and food on your daily diary!

**All the Tools You Need To Be
Successful At Your Fingertips!**

Your Clinic Name
(Address Here)
(City, State, Zip Code)
(Phone Number)
(Office Email)

Club Reduce Member Site



*All the Tools You Need To Be
Successful At Your Fingertips!*

You Have All the Tools You Need With the Club Reduce Member Site!

This Member Site is designed to keep you motivated, educated, healthy and successful!

The Amazing Club Reduce Site

All-Access Pass to Club Reduce Membership Site

With this exclusive membership, you'll have access to multiple tools that will help you get fit and stay healthy! You can track your progress, order products and so much more! Your Club Reduce Membership Site contains everything you need to finally succeed!

Symptom Assessment

Our informative Symptom Assessment shows us exactly where your body is struggling. This amazing tool features detailed questions about your symptoms and medical history. The results will give us insight on how to best help you reach optimal health and your ideal weight. We will leave no stone unturned and together we will solve your weight loss or health problems! You are also able to fill out the Symptom Assessment as many times as you want to check your progress!

Ordering Solutions4 Products

Using your member site, order your favorite products, and have them delivered straight to your door! You will never have to go without the Nutritional Chocolate Shake again! It is simple ordering your favorite Solutions4 products on your Club Reduce Member Site!



Daily Diary

On the Member Site you can access any of our main Club Reduce programs and track your daily progress. In four easy steps you can track your day online! You're able to track your Calories, Daily Food Intake, Lifestyle Guidelines, Emotions and Situations and see your Daily Supplement Intake! This alone will help you stay successful in reaching your weight loss and health goals!

Progress Report

After you keep track everyday on your Daily Diary you will be able to see your progress at a glance! You can access your Calorie Summary, Lifestyle Guidelines, Comments you have made, and a Calorie Graph to visually see your progress!

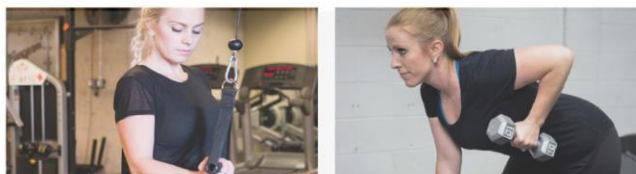


Extra Support

On your Extra Support page you will be able to access many tools to help you stay on track! Access Exercises, Cooking Classes, Recipes, Learn and Lose Classes and Word on the Street. Each incredible section is a stepping stone to your success!

Exercises

We offer a variety of step by step workouts you'll love! Whether you're looking for 12 Week Weight Training Workouts, High Intensity Interval Training, or even Home Workouts we have it right here! With pictures included you'll be able to exercise with perfect form for best results!



Cooking Classes & Recipes

While eating healthy you may feel as though your options are limited. With our guided cooking class videos, you can prep delicious meals easily. You can also download healthy recipes for breakfast, main dishes, desserts, appetizers and so much more!



Learn & Lose

Using the online Learn & Lose classes will help you stay on track and become educated on a healthy lifestyle! There are 20 amazing lessons with videos to watch, information to learn and being able to listen to Self-Mastery Technology. You can go through any of these lessons at any time to help keep you motivated!

Word on the Street

This is a fun and educational tool for you to watch as our Club Reduce team goes out on the town to bring Club Reduce to the streets. We ask people questions about how many calories are in certain foods and ask them what different kind of workouts they do. We want everyone to be educated on health and nutrition so we have taken it to everyone!



Monthly Newsletter

Each month you will be able to access our Club Reduce Newsletter! Our Newsletters is packed full of new educational nutritional information! You can read the patient testimonials of the month, monthly new recipes, Solutions4 featured product, tips on staying healthy and a fun Sudoku game to solve!

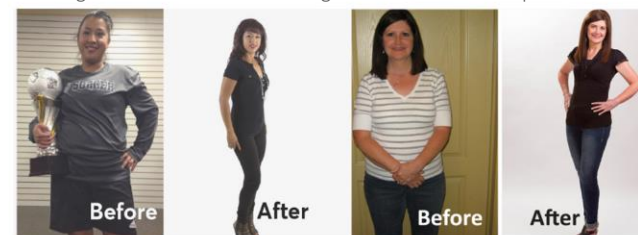


FAQ

Your Club Reduce Doctor and Staff will always be there for you with help! On the site you can see frequently asked questions by patients. This can be a huge educational piece as you can learn what other patients ask and struggle with so you can relate and obtain help with the great answers you have provided!

Patient Testimonials

Seeing others succeed is motivating! On your Member Site you will be able to read and see many other Club Reduce patients before and after pictures and their testimonials from their life changing programs! Many of these patients are just like you and experience a variety of challenges. It helps to see other people that have gone through some of the same challenges and came out on top!



USERNAME: _____

PASSWORD: _____

WEBSITE: _____

(Ask your Club Reduce doctor to sign up today!)