

## Attended Seminar – Didn't Schedule for Evaluation Emails

### Week 11

**SUBJECT:** Stress-Be-Gone!

**EMAIL:** Hi (Name),

No, there is no magical formula for stress relief, but there are some that can get you most of the way there!

Once you understand what kind of effect stress and negative thoughts have on the body, it is easy to see that stress must be maintained in order to maintain both weight loss and overall well-being.

There are of course, some supplements available through Club Reduce® that can help you adapt to and overcome stress.

Be at ease with Solutions4 Herbal Stress Relief, a mix of Valerian Root and other soothing and relaxing herbs.

Another supplement to reduce stress and pain is Solutions4 Joint and Muscle Relief that works to strengthen and rebuild tissues throughout the entire body.

It also lubricates the joints, and offers relief from arthritis, stiff joints, swollen joints, and muscle aches.

Now that you are almost completely relieved, check out Solutions4 Salmon Oil.

It is an excellent source of Omega-3 fatty acids and helps reduce feelings of depression, and inflammation in the body.

Salmon oil is superior to other fish oils because its relatively short lifespan in cold waters lowers its susceptibility to toxins, resulting in overall higher quality oil.

Prices and availability can vary between clinic locations, so be sure to contact the clinic nearest you to purchase Solutions4 skin care products and supplementation.

We are still extending our Seminar Special, which gives you a One-on-One Weight Loss Evaluation for only (Office Price)!

A Personalized Weight Loss Evaluation typically costs (Price of Weight Loss Evaluation) so this is a discount of (Price of Coupon Discount).

Call (Office Phone Number) to schedule your Evaluation!

(Clinic Name)  
(Office Address)  
(Office City and Zip)  
(Office Phone Number)

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