

## Canceled or No Show Seminar Weekly Follow Up Emails

### Week 2

**SUBJECT:** Are You Putting The Health of Your Family at Risk?

**EMAIL:** Hi (Name),

How often are you eating food from a box or can, rather than in its fresh state?

Chances are, like most Americans, your diet consists of quick meals that are over-refined, over-processed, and extremely toxic.

Although these meals might save you a minute or two in prep time, you're putting your health and your family's health in jeopardy.

A diet consisting of toxic food wreaks havoc on your digestive system and your overall health.

When your food is not properly digested, it interferes with absorption of nutrients and the metabolizing of fats and carbohydrates; if fats and carbohydrates aren't metabolized for energy, they are stored as body fat.

Did you know 95% of degenerative diseases begin in the colon?

With a poorly functioning digestive system, food particles and toxins meant for elimination build up in the colon and lead to costly health problems for you and your family.

At ClubReduce®, the health of you and your family is very important to us!

We strive to teach you the essential foundation of healthy living: proper nutrition.

Call (Office Phone Number) or click below to register for our Free Breakthrough Weight Loss Seminar and learn what you can do to reach your health and weight loss goals!

(Subdomain.WeightSeminar.Com)

(Clinic Name)

(Office Address)

(Office City and Zip)

(Office Phone Number)