Lighthouse Health
715 E. 3900 S. Ste. #107
Salt Lake City, UT 84107

Treat Your Office to a FREE Lunch!

Increase Productivity While Showing Appreciation for Your Employees!

What if you could give your employees a few perks to show them your appreciation?

What if you could do it at absolutely NO COST to you? Our Corporate Luncheons are a fun and convenient way to show your employees that you appreciate them and increase their productivity and morale!

Call Today! (801) 303-3632

We Can Save You Money!

Did you know that weight gain and poor eating habits are not only bad for someone's waistline, but also for an employer's bottom line? According to a study at Duke University Medical Center, obese workers filed twice the number of workers' compensation claims and had seven times higher medical costs from those claims. They also lost 13 times more days of work due to work injury or work illness than non-obese workers!*

Because of the strong tie between obesity and workers' compensations costs, it is now more important than ever to educate employees about healthy eating and active lifestyles. And we can help!

Our goal is to give back to our community by sharing a great health message with the working people around us. This is our grassroots effort to educate people on things they can start doing on a daily basis to keep their stress levels down and become vibrant and healthy.

By targeting obesity in the work place, you can:

- Increase productivity and morale
- Reduce absenteeism
- Reduce workers' compensation costs
- Increase the overall health of the employees in your office.

It's a win-win situation!

*"Obesity Increases Workers' Compensation Costs." Duke Medicine. 23 Apr. 2007. Web.

http://corporate.dukemedicine.org/news_and_publications/news_office/news/10044.

Treat Your Employees to a Free Lunch!

It's simple, really!
Just contact our office and let us do the rest! We'll bring the food and share a short presentation on how to start living in optimal health. Employees are left with a better understanding about their health and are motivated to improve it!

What's the catch you ask?
We simply ask that you gather 10-20 people in your office. That way we can spread this message throughout the community.

Schedule your Free Lunch today!

Call
(801) 303-3632