

# Increase Productivity While Showing Appreciation for Your Employees!

*What if you could give your employees a few perks to show them your appreciation?*



*What if you could do it at absolutely NO COST to you? At Lighthouse Health, we love to give back to the community, so we offer three fabulous Employee Appreciation events for FREE!*



## “LUNCH AND LEARN”

*During our “Lunch and Learn” sessions, we will provide a healthy lunch FOR FREE while we explain to your employees how to better take care of their bodies and improve their health. We’ll leave your staff with great ideas about reducing stress and increasing energy to manage life, work, family, and their health. It’s a great morale boost!*



## “SEATED MASSAGE”

*This program will give each of your employees a seated back massage to help them relieve stress and make them feel not only indulged, but also appreciated by you! It’s completely free and we even come to your office! Your employees will feel pampered and cared for too!*



## “HEALTH SCREENINGS”

*Our “Employee Health Screening” program is second to none. We excel at delivering a much-needed service to your employees: a private health screening for FREE! When your employees understand how to take care of themselves and get rid of health problems, they are more productive and focused at work..*

**Go to [LighthouseHealth.FreeLunchAtWork.com](http://LighthouseHealth.FreeLunchAtWork.com) to watch a quick video that explains this program!**

**Or call (801) 303-3632 for more information!**