

Contact Us!

Contact us for more
information or to schedule your
FREE Employee Appreciation
Event today!

We can't wait to hear from you!



Show Your Employees You Care!

What if you could give your employees a few perks to show them your appreciation? What if you could do it at absolutely NO COST to you? Our clinic loves to give back to the community, so we offer three fabulous Employee Appreciation events for FREE!

Our programs have been proven to help increase employee satisfaction, bolster workplace spirit, and—most importantly to us—improve the overall health of our community!



Lighthouse Health

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Increase Productivity
While Showing
Appreciation for
Your Employees!

Three Ways To Show Them You Care



“LUNCH AND LEARN”

During our “Lunch and Learn” sessions, we will provide a healthy lunch FOR FREE while we explain to your employees how to better take care of their bodies and improve their health. Not only is it a fun and convenient way to show employee appreciation, it’s a great way to educate employees about living a healthier life.

We’ll leave your staff with great ideas about reducing stress and increasing energy to manage life, work, family, and their health. It’s a great morale boost!

“SEATED MASSAGE”

What’s better than a massage at work? This program will give each of your employees a seated back massage to help them relieve stress and make them feel not only indulged, but also appreciated by you! It’s completely free and we even come to your office!

Stress management is an essential part of health, and we will educate your employees so they know how they can better control the stress in their lives. This means that they will learn to become calmer in intense situations and be more able to handle and meet strict deadlines.

They’ll feel pampered and cared about too, which increases the feeling of team spirit in the workplace.



“HEALTH SCREENINGS”

Our “Employee Health Screening” program is second to none. We excel at delivering a much-needed service to your employees: a private health screening FOR FREE!

We can sit down, one-on-one, with each of your employees to analyze and evaluate their health issues, weight-related problems, and general well-being. We can then give them suggestions about how they can improve their lifestyles to increase their level of health and quality of life.

Increased health means increased sales, output, and completed projects.