

Learn and Lose Lesson Emails

Week 14

SUBJECT: Learn and Lose Week Fourteen

EMAIL: Hi (Name),

Wow, we're already on week 14!

This week, we'll go over some common foods that have hidden sugars in them, and how to avoid them!

Also don't forget about our Fiber Sweetener, a healthy alternative to sugar!

You can watch this lesson at any point this week, but next week only lesson 15 will be available, so don't miss out!

Feel free to call us with any questions or concerns you may have!

We are here to help!

Enjoy the lesson!

(Clinic Name)

(Office Address)

(Office City and Zip)

(Office Phone Number)