

## Learn and Lose Lesson Emails Week 2

**SUBJECT:** Learn and Lose Week Two

**EMAIL:** Hi (Name),

Congratulations! You made it to lesson 2 in our Learn and Lose class series.

This week, we'll go over goal setting. We'll discuss the importance of short and long term goals as well as process vs. outcome goals.

We'll also go over how our Digestive Enzyme Blend can help you lose weight by assisting with digestion and helping to restore health and energy to the body.

You can watch this lesson at any point this week, but next week only lesson 3 will be available, so don't miss out!

Feel free to call us with any questions or concerns you may have!

We're here to help!

Enjoy the lesson!

(Clinic Name)

(Office Address)

(Office City and Zip)

(Office Phone Number)