

## Learn and Lose Lesson Emails

### Week 4

**SUBJECT:** Learn and Lose Week Four

**EMAIL:** Hi (Name),

Congrats! You've made it to week 4!

This week, we'll go over the power of positive thinking and how to form a plan in order to overcome mental obstacles.

We'll also teach you how our natural Appetite Appeaser can help you lose weight!

You can watch this lesson at any point this week, but next week only lesson 5 will be available, so don't miss out!

Feel free to call us with any questions or concerns you may have!

We are here to help!

Enjoy the lesson!

(Clinic Name)

(Office Address)

(Office City and Zip)

(Office Phone Number)

DO NOT COPY