

Dr. Your Name  
123 Your Street  
Your City, ST 12345

# *I Lost 40 Pounds with No Surgery, No drugs, No Pre-packaged Foods, and No Strenuous Exercise! You Can Too!*

Mark



*Before*



*After*

## *My 12 Week Program Included:*

- ✳ Nutrition Education with a Personal Coach
- ✳ Organic Supplements
- ✳ Whole Body Cleansing and Detoxification
- ✳ Lymphatic Body Wraps
- ✳ Infra-red Sauna
- ✳ Whole Body Vibration
- ✳ Exercise with Oxygen
- ✳ Self Mastery Technology to Address Emotional Eating and Stress

*“I haven’t gained any of my weight back and I couldn’t be happier!”*

# *Redeem this Postcard to Lose 4-14 Inches in Just One Hour with a FREE Detoxifying Body Wrap!*

## How to Redeem:

**Step #1:** Attend the breakthrough Weight Loss Seminar to learn exactly what is keeping you from your goal weight and what you can do to start taking control of your life! After the seminar, schedule Step 2. People have reported losing up to 5 lbs by simply implementing information taught at the seminar!

**Step #2:** Meet with the doctor for your one-on-one personalized weight loss evaluation with the doctor, where they will advise you of the steps you can take to achieve your weight loss and body contouring goals!

**Step #3:** Receive your pampering body contouring treatment—depending on your body type, you can expect to lose 4 to 14 inches in an hour!

Please reserve 2 hours for this pampering treatment.



**Call (555) 555-5555 or visit [DrName.weightseminar.com](http://DrName.weightseminar.com)**