

Dr. Your Name  
123 Your Street  
Your City, ST 12345

# *I Lost 30 Pounds in 30 days!*

Mark



*Before*



*After*

✳ Within 5 days, my diabetic symptoms disappeared completely, as my blood sugar levels stabilized!

✳ Within 7 days, my aches and pains from tendonitis were completely gone!

✳ After 30 days, my blood pressure improved!

✳ I stopped snoring at night!

✳ Within 30 days, the age spots disappeared from my hands.

✳ Within 45 days, I lost 40 lbs.

✳ I feel 25 years younger.

✳ I have maintained everything I've mentioned above for eleven months now.

*"I will never have to put up with the failing health, pain, and other symptoms again. And, neither do you!"*

# *Redeem this Postcard to Lose 4-14 Inches in Just One Hour with a FREE Detoxifying Body Wrap!*

## How to Redeem:

**Step #1:** Attend the breakthrough Weight Loss Seminar to learn exactly what is keeping you from your goal weight and what you can do to start taking control of your life! After the seminar, schedule Step 2. People have reported losing up to 5 lbs by simply implementing information taught at the seminar!

**Step #2:** Meet with the doctor for your one-on-one personalized weight loss evaluation with the doctor, where they will advise you of the steps you can take to achieve your weight loss and body contouring goals!

**Step #3:** Receive your pampering body contouring treatment—depending on your body type, you can expect to lose 4 to 14 inches in an hour!

Please reserve 2 hours for this pampering treatment.

**Call (555) 555-5555 or visit [DrName.weightseminar.com](http://DrName.weightseminar.com)**

