

Lighthouse Monthly Promotions Winner

April

Leslie Montgomery

12-Week Candida Program

What She Won:

The Ultimate Easter Basket!

(Including: \$50 Gift Card to Harmons, 2 Hand Weights, 1 Healthy Eating Cookbook, Solutions4 Shakes, & a Shaker Cup)

****Ask How You Can Win Too!****



What is your favorite part about coming in to Lighthouse Health?

"The positive atmosphere and staff. Each appointment becomes my "me time". I love to come!"

What has been the most significant change in your life since coming here?

"I crave vegetables. Never in 1000 years would I have imagined that! And I enjoy what I'm eating!"