

# Win an SMT MindFit!

*Fight the stress of a new school year  
with your own SMT MindFit!*



*Eliminate tension and worry, gain  
energy, and even lose weight with the  
help of SMT!*



*Winning Ticket  
Will Be Drawn on  
August 31st!*

## Earn Tickets as Follows:

- ◆ 1 Ticket for Keeping an Appointment
- ◆ 1 Ticket for Being on Time
- ◆ 1 Ticket for Each Pound Lost
- ◆ 10 Tickets for Each Referral That Attends Our Wellness Class

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