

Lighthouse Monthly Promotions

Janine Wandell

5-Week Candida Program

What She Won:

A One Night Stay at Little America,
Dinner at Little America,
and 2 Movie Tickets

****Ask How You Can Win Too!****



February Winner

What is your favorite part about coming in to Lighthouse Health?

"I love how relaxing it is here. I am a mother of 7 and having 'me' time is fantastic when I come here."

What has been the most significant change in your life since coming here?

"Learning to be able to eat and make better food for myself. I also don't crave sugar anymore!"

What changes have you noticed in your life besides weight loss?

"I've gotten off of 2 out of the 4 medications I'm on and hope to be off of more by the end of the program!"