

Lighthouse Monthly Promotions

Brandy Arnott

12-Week Candida & Neuropathy Programs

What She Won:

Free Concert Tickets!

****Ask How You Can Win Too!****



What is your favorite part about coming in to Lighthouse Health?

"The people! Everyone is so thoughtful and sweet! The body wraps and sauna are fantastic too!"

What has been the most significant change in your life since coming here?

*"I've lost 34 pounds so far and am only 11 pounds away from my goal! Even better than that...
the neuropathy in my feet is finally getting better too!"*

What did you learn from doing a program with Lighthouse Health?

"Through the cleanse, I learned that I am an extremely emotional eater!"

What would you say to someone who is thinking about doing a program?

"Do it! Do it now! Don't wait!"