

# Lighthouse Monthly Promotions Winner



July

Brandy Arnott  
*12-Week Candida and  
Neuropathy Programs*

What She Won:  
Free Concert Tickets!

\*\*Ask How You Can Win Too!\*\*

What is your favorite part about coming in to Lighthouse Health?

*"The people! Everyone is so thoughtful and sweet! The body wraps and sauna are fantastic too!"*

What has been the most significant change in your life since coming here?

*"I've lost 34 pounds so far and am only 11 pounds away from my goal! Even better than that...  
the neuropathy in my feet is finally getting better too!"*