

Lighthouse Monthly Promotions

Karen Greenig

12-Week Candida Program

What She Won:

Free Anti-Aging Facial, Apricot Exfoliator, Apple Stem Cell Moisturizer, and Protein Lift Mask

****Ask How You Can Win Too!****



What is your favorite part about coming in to Lighthouse Health?

"I love the Body Wraps and the Zumba classes. I feel great and I've lost 17 pounds so far!"

What has been the most significant change in your life since coming here?

"Finally losing the weight that I couldn't lose by myself. I'm so grateful for the staff and their support!"

What have you learned at Lighthouse Health that you didn't know before?

"Sugar, yeast, and cheese are bad for you and can cause weight gain, especially around your waist."

What would you say to someone who is thinking about doing a program?

"This is a great place to lose weight!"