

PROMOTION OF THE MONTH

Win a 15-Piece Cuisinart Knife Set & a 17-Piece KitchenAid Kitchen Tools Set!

This 15-piece, stainless steel knife set includes an 8" Chef Knife, 8" Slicing Knife, 7" Santoku Knife, 5.5" Serrated Utility Knife, 3.5" Paring Knife, 3.5" Bird's Beak Paring Knife, 8" Sharpening Steel, 6 Steak Knives, All-Purpose Household Shears, and a Block to hold them all.



This is the perfect tool set for all of your cooking needs! It includes a slotted turner, basting spoon, slotted spoon, nylon tongs, flat grater, euro peeler, can opener, utility whisk, and measuring cups and spoons.

Winning Ticket Will
Be Drawn on
November 30th!

Earn Tickets as Follows:

- ◆ 1 Ticket for Keeping an Appointment
- ◆ 1 Ticket for Being on Time
- ◆ 1 Ticket for Each Pound Lost
- ◆ 1 Ticket for Every \$10 Spent on Product
- ◆ 10 Tickets for Each Referral That Attends Our Wellness Class

