



# Win a Fitbit Charge!

Because Keeping Track of Your Fitness Routine Doesn't Have to Be Scary...

*This high-performance wristband allows you to improve your health by providing you with real-time fitness stats. Accurately track your daily steps, distance traveled, calories burned, stairs climbed, and active minutes. You can even monitor your sleep and wake with a silent vibrating alarm!*



Earn Tickets as Follows:

- 1 Ticket for Keeping an Appointment
- 1 Ticket for Being on Time
- 1 Ticket for Each Pound Lost
- 1 Ticket for Every \$10 Spent on Product
- 10 Tickets for Each Referral That Attends Our Wellness Class

**Winning Ticket  
Will Be Drawn  
on October 29th!**