



If you're concerned about **losing weight and keeping it off**, then Lighthouse Health has solutions for you!

Want to learn about an **amazing new technique** to overcome emotional eating that was featured in *People Magazine*? How about the chance to **break habitual bad habits for good**?

This new technology is **your secret weapon for weight loss success** and can help you finally **lose your weight and keep it off for good**!

You can try this incredible new technique **FREE** at one of our breakthrough seminars!

See opposite side for details!



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LighthouseHealth

& BODY MAKEOVER



715 E 3900 S, #107

Salt Lake City, UT 84107

## Free Seminar and Emotional Eating Therapy Session!

It's time to finally lose your weight and keep it off for good! With this new technology, we can help you break those bad habits that are keeping you unhappy with your weight.

For more information about this amazing technique, visit

[www.UtahSMT.com](http://www.UtahSMT.com)

and register for a free seminar today!

Seating is **extremely** limited so sign up today by calling (801) 265-3400!

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