

[Clinic's Name or Logo]

[123 Main Street]

[Your Town, ST 12345]



Are You Having Problems **SLEEPING?**

- **Do you have trouble falling asleep?**
- **Do you wake up several times during the night?**
- **Do you toss and turn throughout the night?**
- **Do you feel tired all the time?**

WE CAN HELP!

[(555) 555-5555]

Let Us Help You Get the Sleep That You so Desperately Need!



Insufficient sleep is a public health epidemic.

Getting enough sleep is essential for optimal health, and most people need at least 7-9 hours each night...

How many hours do you get?

Not only can we teach you tips and tricks to fall asleep faster and sleep better... but we can also help you to make good sleep a nightly habit!

You don't have to suffer from a lack of sleep any longer!

Gain energy and start feeling rejuvenated now!

The first 25 callers will get a **FREE** Evaluation in our office! Don't delay... Call **NOW!**

CALL NOW! [(555) 555-5555]