

**How can you lose 4 to 14  
inches in one hour?**

**Two Words...**

**Body Wrap.**

It's painless, relaxing,  
and it's an effortless  
way to iron out  
unsightly cellulite.  
It's quite possibly the  
best 60 minutes you  
will ever spend on  
yourself.



We know how amazing  
our body wraps are -  
we even will guarantee  
inch loss during your  
one-hour session,  
somewhere in the  
neighborhood of 4" to  
14", depending on  
your body style.



**It's time to treat yourself  
to an unbelievable  
experience...**

Lighthouse Health's Inch  
Loss and Cellulite Reducing Body Wraps were  
developed by a UCLA Biochemist to encourage  
circulatory and lymphatic flow, causing a painless  
cleansing of the tissue. In turn, this cleansing of  
the body results in an all-over inch loss of 4 to 14  
inches per wrap!

**Inch loss is great - but there's  
even more...**

Not only are our Body Wraps a great way to lose  
inches, they are also a great way to reverse the  
debilitating effects of cellulite. Cellulite is often  
described as a condition of uneven fat deposits,  
water, and other wastes that have become trapped  
in the connective tissues of the body, just below  
the surface of the skin. We all know it as cottage  
cheese thighs and orange peel skin, not flattering on  
anyone of any dress size.

**Not to mention, you  
can kiss those cottage  
cheese thighs goodbye...**

**This Certificate is Good for One Full-Body Detoxifying Body Wrap**

**Sold by:** \_\_\_\_\_

**Salon:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**No Expiration**

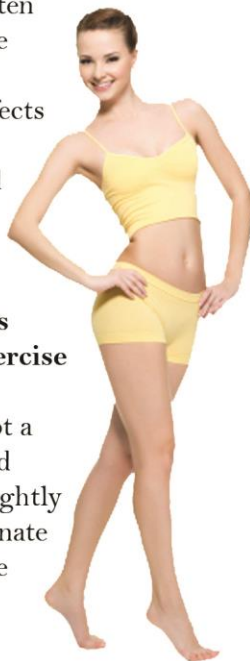
**\*See reverse side for redemption instructions**

**Myth 1: Cellulite is Fat.**

**FALSE!** Cellulite is a sign of a toxic body, caused by uneven fat deposits in the connective tissue of the skin, edema, and lack of circulation.

**Myth 2: Only overweight people have cellulite.**

**FALSE!** Even skinny people have problems with cellulite. There are two types of cellulite: soft cellulite, often characterized by the "cottage cheese" like appearance; and hard cellulite that mostly affects individuals in good physical condition. Often times, hard cellulite is the most difficult to eradicate.



**Myth 3: Cellulite responds well to weight loss and exercise programs.**

**FALSE!** Since cellulite is not a fat condition, weight loss and exercise can't touch the unsightly stuff. The only way to eliminate cellulite is by detoxifying the body.

## How to redeem your Body Wrap Certificate:

1. Attend the breakthrough Weight Loss Seminar to learn exactly what is keeping you from your goal weight and what you can do to start taking control of your life! After the seminar, schedule Step 2.
2. Meet with the doctor for your one-on-one personalized weight loss evaluation, where they will advise you on the steps you can take to achieve your weight loss and body contouring goals!
3. Receive your pampering body contouring treatment— depending on your body type, you can expect to lose 4 to 14 inches in an hour!  
Please reserve 2 hours for the entire pampering treatment.

### Choose Your Class Date:

Classes are held every Tuesday and Wednesday in our office. Call (801) 590-0875 for times and to register!

Note: All treatments are performed in the privacy of our Wellness Center. Appointments may only be scheduled after clients have attended the complimentary Energy and Weight Loss Class and One-on-One Consultation. Please register for the class in advance, as seating is limited.

**Body  
Contouring  
Certificate**  
(\$85.00  
value)



*Myths About  
Cellulite*

LighthouseHealth  
& BODY MAKEOVER



*Want to Lose  
4" to 14" in  
One Hour?*

LighthouseHealth  
& BODY MAKEOVER



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Salt Lake City, UT 84107  
(801) 590-0875

Monday- Thursday 9:00am – 8:00pm

BurnFatUtah.com