

# October Skinny Contest

This month's contest is for whoever loses the most weight (lbs.)



The winner will get:



**2 Body Wraps  
& 2 Sauna Sessions!**

**Enter to Win at the Front Desk!**

#### Contest Rules:

- 1) Come into our office any time during the month of October for your first weigh-in (the sooner the better)!
- 2) Return to our office during the last week of October before 7 pm for your final weigh-in.
- 3) The staff will tally up the total numbers between all contestants and a winner will be chosen based on who lost the most weight.
- 4) The winner will be notified by phone and/or e-mail!