

FIBER BLEND

Solutions4 Fiber Blend restores dietary fiber to the system, cleans the bowels and intestines without calories, and helps to lower cholesterol levels. This specialized formula contains both soluble (Psyllium) and insoluble (Bran Powder) fiber, which work together to clean debris from the system by easing the passage of waste through the colon and absorbing toxins.

This formula helps to:

- Maximize efficiency without calories
- Overcome constipation
- Cleanse bowels and intestines
- Stimulate natural action of intestines
- Protect intestinal canal from putrefactive or pathogenic bacteria
- Lower the cholesterol and triglyceride levels in the body
- Help prevent diabetes, ischemic heart disease, gallbladder disorders, varicose veins, diverticulitis, and appendicitis

Suggested Use: 6–8 capsules two to three times daily

6 capsules daily will last: 33 days

7 capsules daily will last: 28 days

8 capsules daily will last: 25 days

Size Available: 200 capsules (450mg each)

Shelf Life: 7 years

Fiber is an important part of the Solutions4 Detoxification Program.

Ingredients:

WHEAT BRAN POWDER—Insoluble fiber that scrubs the colon and adds bulk to stool.

Does not absorb.

PSYLLIUM HUSK POWDER—Soluble fiber that absorbs toxins and helps scrub the colon.

Psyllium provides 8 times more soluble fiber than oat bran.

