

HORMONE BALANCE

Solutions4 Hormone Balance is a safe and natural way to stabilize the hormones of the body for both women and men. This formula is an alternative to synthetic hormones, as it allows the body to produce and regulate its own hormonal balance.

Features and Benefits:

For Women:

- Helps assist with a healthy menstrual cycle
- Helps with symptoms of PMS, including:
 1. Cramping
 2. Menopause
 3. Vaginal dryness

For Men:

- Increases effect of testicular hormones

Suggested Use: 2-3 capsules twice daily

2 capsules twice daily will last: 45 days

3 capsules twice daily will last: 30 days

Size Available: 180 capsules

Shelf Life: 7 years

Ingredients:

BLESSED THISTLE—Used for treating painful menstruation.

DAMIANA—Used to improve sexual potency, aphrodisiac, relieves headaches.

DONG QUAI EXTRACT—Anti-spasmodic. Treatment of hormone symptoms such as hot flashes, menopause, vaginal dryness, PMS. Increases the effect of ovarian/testicular hormones.

KAVA KAVA—Potent analgesic—used for vaginitis and urinary tract. Sedative, muscular relaxant for relief of insomnia, stress, anxiety.

SERENOA SERRULATA—Prostate, irritable bladder relief.

WILD YAM EXTRACT—Progesterone precursor, treats nausea in pregnancy, active agent in hormone precursors.

MOTHERWORT—Used to treat suppressed menstruation and other female disorders, used to treat nervous conditions, thyroid, hypertension.

LICORICE ROOT—High in calcium, tissue nourishing tonic, aids hypoglycemia, nausea, promotes adrenal gland function, helps with menopausal ailments. Estrogen effects.

BLACK COHOSH—Anti-spasmodic, diuretic, influences the nervous system. Used in menstrual and uterine affections.

RED RASPBERRY LEAF—Antispasmodic, for disorders of gastrointestinal tract, morning sickness, hot flashes, cramps, decreases heavy menstrual flow.

PASSION FLOWER—For nervous agitation, mild insomnia, depression.

CRAMP BARK—Antispasmodic, diuretic tonic, sedative, prevents miscarriage, dysmenorrhea, ovarian irritation, cramps.

PARSLEY—Flushing, helpful for urinary tract, bladder inflammation.

