

Is the **Pain-Free NOW** program right for you?

Take this quick quiz to find out.

- ☐ Is your pain intensified by stress?
- ☐ Have you tried pain medication with no success, or are you concerned about the number of analgesics or narcotics you are taking to control your pain?
- ☐ Do you have trouble falling asleep, or does your pain wake you in the middle of the night?
- ☐ Do you get angry, frustrated, or stressed out because of your pain? Does your pain make you feel hopeless or helpless?
- ☐ Does your life feel out of balance, as if your pain controls your every waking moment?
- ☐ Do you find it difficult to complete your daily tasks? Do you have trouble seeing yourself pain-free?
- ☐ Do you want to feel like yourself again?
- ☐ Is it about time you did something for YOU?

If you answered yes to any of these questions, please ask the doctor about the Pain-Free NOW program today!

What makes **Pain-Free NOW** different?

The Pain-Free NOW program can help you get back to the way you felt before pain became a factor in your life. You will explore how your mind views your body and then create your own pain-free image. Additionally, most pain has an underlying emotional element. Releasing this inner conflict will not only reduce your pain, it will lead you back to the happy, optimistic person that already resides within you.

By picking up this brochure, you've taken your first step on an astounding journey of healing and self-discovery. If you haven't already read through all the information here, we encourage you to do so now and then ask the doctor if Pain-Free NOW is right for you. The next 5 minutes you spend reading this brochure could change your life forever!

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