

Kick your smoking habit for good and have the healthy life you deserve!

QUICKLY
EASILY
AFFORDABLY



A few people can quit smoking cold turkey. For the rest of us there is Quit-for-LIFE, a breakthrough program to help you kick your habit safely and easily, without withdrawals or uncomfortable side effects.

How does the Quit-for-LIFE program work?

As a smoker, you may not think about the chemicals in cigarettes. In fact, you may think that cigarettes help you cope, calm you down when you're upset, or comfort you when life gets rough.

But the truth is that smoking does the opposite. With every puff of a cigarette, thousands of poisons, toxic metals and carcinogens course through your bloodstream and put your body into a state of severe stress.

- ✓ No cravings
- ✓ No withdrawal
- ✓ No weight gain

For this reason, we approach your smoking habit in two ways. First, we use a detoxification method proven to quickly remove the chemicals from your body and, second, we provide a system of **Self-Mastery Technology™** to conquer the habit for good.

Get the Nicotine and Toxins Out of Your Body!

Our all-natural detoxification program works to get nicotine and other toxins out of your body quickly and safely. You'll start looking brighter and feeling healthier and more energetic in days, not weeks!

Worried about gaining weight when you quit? Don't be! With this powerful combination of Self-Mastery Technology and detox, many of our patients actually lose weight!

The Quit-for-Life program features... **Self-Mastery Technology**

By using the latest scientific discoveries in brain state management, **Self-Mastery Technology** can help you get back to the way you felt before you started smoking...quickly and easily!

Get the Habit Out of Your Head!

The developers of **Self-Mastery Technology** spent more than two decades studying the attitude and behaviors of nonsmokers. They knew the key to permanent success was hidden in the underlying psychology of people who don't smoke. In each Self-Mastery Technology session, these keys to success are passed along to you.

With Self-Mastery Technology you re-learn the habits of a non-smoker. You learn to relax and de-stress in healthy ways while creating a positive new self-image. Once this happens, cigarettes lose their appeal, and you can finish a meal or be around other smokers without craving cigarettes. In other words, you learn to live your life as if you *never smoked*.

