

# DOCTOR RECOMMENDED WEIGHT LOSS PROGRAM

Would you like to experience any of the following?

Weight Reduction  
Rid Yourself of Food Addictions  
Increased Energy and Vitality  
Lower Cholesterol  
Improved Digestion  
Improved Physical Appearance  
Clearer Thinking  
Eliminate Headaches  
Clearer Skin

Use the enclosed ticket to  
Attend the **FREE SEMINAR** where you will  
learn all about this new breakthrough  
program, plus

How to trigger the six fat burning hormones!

## **LIGHTHOUSE HEALTH & BODY MAKEOVER**

We Deal with the Underlying Causes of Weight and Health Issues

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