

(Reminder sent via email for those who registered online or who gave an email address)

Congratulations on your decision to register for the Weight Loss Seminar offered by Lighthouse Health. The seminar is **TONIGHT, Tuesday, October 6, 2009**, at 7:30 p.m. The location of the seminar is 715 East 3900, Suite #101.

You are going to learn how to get your body into FAT BURNING MODE and finally lose that excess weight and keep it off! If you are like most people, you will leave the seminar saying, "Ah hah! Now I get it! Now I understand why I haven't been able to lose weight!"

This one-hour, information-packed, FREE Seminar will teach you.....

- What you need to do to get your body into FAT BURNING MODE
- The 11 reasons people do not burn fat, and what you can do about it
- What your body type is why it is important to know for weight loss
- Learn how to trigger your fat burning hormones
- Find out why the wrong diet will drain you of your energy
- Why some people exercise and exercise, yet can't lose any weight
- How to purify your body of toxins that stop the fat burning process
- Find out why lack of energy and obesity are so closely related and exactly how to finally conquer both
- The role the liver plays in weight gain
- Find out how to lose weight and FEEL GREAT!

You are also going to learn why we can offer a GUARANTEED WEIGHT LOSS PROGRAM!

This seminar covers many amazing discoveries that will help you make the changes you need to in order to finally lose the excess weight and get the body you have always deserved.

We look forward to seeing you at the seminar:

Lighthouse Health  
715 East 3900 South, #101  
Salt Lake City UT 84107

Please feel free to call us with any questions at 801-265-3400

We look forward to seeing you TONIGHT at 7:30 p.m.