

QUICK START 7-DAY CLEANSE

This 7-day body cleansing system allows you to achieve the same results as our traditional detoxification kit, but with simplified daily supplement packets and Essential Greens. Like the original, this new-and-improved system is formulated to help you rid your body of the toxins that contribute to weight gain and poor health. For convenience, the kit contains easy-to-use herbal supplements and stick-pack beverages that make it easy for you to keep up with a busy lifestyle. When you are done with this 7-day cleanse, you'll have more energy, a slimmer figure, a clearer complexion, and the confidence you need to move forward and continue making positive changes in your life!

Helps To:

- Detoxify the body
- Reduce cravings for junk food
- Improve digestive health
- Boost energy and vitality
- Smooth and clarify the skin
- Enhance mental clarity

Each Kit Contains:

Dietary Guidelines and How-To Guide

Power-Cleansing Detox Packs (*please view following page for ingredient listing*)

Essential Greens (*please view Essential Greens short sheet for ingredient listing*)

Suggested Use: Take two Power-Cleansing Detox Packs and two Essential Greens drinks daily for seven days. Refer to product insert for further instruction.

Helpful Hint: This product may also be used in conjunction with the S4 Daily Antioxidant Essentials* and the S4 Cardio Health Essentials.

*Not Candida friendly

Size Available: 1 box (14 Power-Cleansing Detox Packs and 14 Essential Greens)

Shelf Life: 2 years

*This product is gluten-free.

Do not use this product if you are taking blood thinners or are pregnant/nursing.



QUICK START 7-DAY CLEANSE INGREDIENTS

POWER CLEANSING PACKETS -

Body Purifier/Intestinal Cleanser Combined Capsule

| | | |
|------------------------|---------------------------|----------------------|
| Clove (Seed) Powder | Burdock (Root) | Blessed Thistle Herb |
| Fennel (Seed) Powder | Dandelion (Root) Powder | Milk Thistle Herb |
| Ginger (Root) Powder | Echinacea Purpurea (Root) | Yarrow Flowers |
| Licorice (Root) | Goldenseal (Root) | Worm Wood (Leaf) |
| Oregon Grape (Root) | Red Clover Blossom | Garlic Powder |
| Yellow Dock (Root) | Cayenne Fruit Powder | Parsley (Leaf) |
| Cascara Sagrada (Bark) | Green Tea (Leaf) | Burdock (Root) |
| Burdock (Seed) | | |

Fiber

| | |
|-------------|----------------------|
| Konjac Root | Psyllium Hulls/Husks |
|-------------|----------------------|

Useful Information: Konjac Root has the ability to delay its exit from the stomach. This causes one to feel full for longer.