

QUICK START 7-DAY CLEANSE

This 7-day body cleansing system allows you to achieve the same results as our traditional detoxification kit, but with simplified daily supplement packets and Essential Greens. Like the original, this new-and-improved system is formulated to help you rid your body of the toxins that contribute to weight gain and poor health. For convenience, the kit contains easy-to-use herbal supplements and stick-pack beverages that make it easy for you to keep up with a busy lifestyle. When you are done with this 7-day cleanse, you'll have more energy, a slimmer figure, a clearer complexion, and the confidence you need to move forward and continue making positive changes in your life!

Helps To:

- Detoxify the body
- Reduce cravings for junk food
- Improve digestive health
- Boost energy and vitality
- Smooth and clarify the skin
- Enhance mental clarity

Each Kit Contains:

Dietary Guidelines and How-To Guide

Power-Cleansing Detox Packs (*please view following page for ingredient listing*)

Essential Greens (*please view Essential Greens short sheet for ingredient listing*)

Suggested Use: Take two Power-Cleansing Detox Packs and two Essential Greens drinks daily for seven days.

Refer to product insert for further instruction.

Helpful Hint: This product may also be used in conjunction with the S4

Daily Antioxidant Essentials* and the S4 Cardio Health Essentials.

*Not Candida friendly

Size Available: 1 box (14 Power-Cleansing Detox Packs and 14 Essential Greens)

Shelf Life: 2 years

*This product is gluten-free.

Do not use this product if you are taking blood thinners or are pregnant/nursing.



QUICK START 7-DAY CLEANSE INGREDIENTS

POWER CLEANSING PACKETS -

Body Purifier/Intestinal Cleanser Combined Capsule

Clove (Seed) Powder	Burdock (Root)	Blessed Thistle Herb
Fennel (Seed) Powder	Dandelion (Root) Powder	Milk Thistle Herb
Ginger (Root) Powder	Echinacea Purpurea (Root)	Yarrow Flowers
Licorice (Root)	Goldenseal (Root)	Worm Wood (Leaf)
Oregon Grape (Root)	Red Clover Blossom	Garlic Powder
Yellow Dock (Root)	Cayenne Fruit Powder	Parsley (Leaf)
Cascara Sagrada (Bark)	Green Tea (Leaf)	Burdock (Root)
Burdock (Seed)		

Fiber

Konjac Root	Psyllium Hulls/Husks
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Useful Information: Konjac Root has the ability to delay its exit from the stomach. This causes one to feel full for longer.