

RECOMMENDED SUPPLEMENTS FOR MAINTENANCE

Congratulations! Way to go on completing your program! We are so excited for you! We would like to continue to help you keep your goals and maintain your weight with these recommended supplements and products!

Solutions4 Nutritional Shakes

Flavors Include:

- Chocolate
- Strawberry
- Vanilla
- Orange Cream

Save time and calories with the Solutions4 Shake! This delicious shake mixes instantly with water and can be used as a perfectly balanced meal replacement when you are on the go. The Solutions4 Nutritional Shake can be a part of maintaining a healthy lifestyle. It will also help you keep losing and maintaining weight. The shake can become a substitute for two out of three meals a day while providing essential nutrients to the body.

Price

\$ _____



Daily Essentials

Package Includes:

- High Omega Fish Oil Concentrate
- Liquid Calcium
- Antioxidant
- Digestive Enzyme Blend
- Multivitamin/Multimineral
- Vitamin D

The Solutions4 Daily Essentials convenient grab-and-go packs contain 6 supplements of the highest quality vitamins, minerals and nutrients. These are a must have for anyone that wants to maintain a balanced and healthy life! Taking the Daily Essentials helps to ensure that the body is receiving a consistent balance of vitamins, minerals and nutrients which help to reduce the risks of disease, maintain optimal health and improve the body's ability to live longer and stronger.



Price

\$ _____