

# BRAIN SUPPORT KIT

*For daily optimal wellbeing*

Support for Mild Traumatic Brain Injury,  
Memory Issues, and Age-Related  
Degeneration

QUICK  
START



**Solutions4™**  
NATURAL CLINICAL HEALTH

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**Adrenal Calming:** This supplement is designed to relieve stress and anxiety, increase mental clarity, improve sleep quality, and promote a state of restful comfort. By using an exclusive blend of herbal extracts and other naturally occurring substances, this supplement boosts brain health and calms the mind.

**Essential Greens:** Each stick-pack mixes with water to provide your body with the vitamins, minerals, and antioxidants that nourish your body and energize your mind. We've packed in a potent blend of greens like spinach, kale, kombu seaweed, and spirulina. Each time you drink your Essential Greens, you'll know your body is getting 100% nutrition.

**Salmon Oil:** Often referred to as "Liquid Gold," this supplement nourishes the body with an organic source of omega-3 fatty acids derived from Wild Alaskan Salmon. Salmon Oil reduces inflammation, increases circulation, and naturally improves overall health and brain function.

**Serotonin Support:** This supplement is designed to improve mood and reduce irritability, utilizing an exclusive blend of all-natural ingredients including a vitamin/mineral complex and 5-HTP. Together, these ingredients reduce stress, balance mood, and improves cognitive function, providing a powerful foundation for optimal brain health and wellness.

**Vitamin D:** When taken in supplement form, Vitamin D has been shown to reduce inflammation and decrease the pain and discomfort. Vitamin D also boosts the mood, increases energy , strengthens the bones, boosts the immune systems, and reduces the risk of many chronic health conditions.