

WHAT'S INCLUDED IN THIS KIT

Serotonin Support:

This supplement is designed to improve mood and reduce irritability, utilizing an exclusive blend of all-natural ingredients including a vitamin/mineral complex and 5-HTP. Together, these ingredients provide a powerful foundation for optimal brain health and a better mood.

DHEA:

DHEA (dehydroepiandrosterone) is a natural anti-aging hormone precursor that can convert into estrogen, testosterone, cortisone, and progesterone in the body. By using this simple hormone in supplement form, you can help slow the natural aging process and avoid age-related diseases.

Prostate Support:

Formulated using a blend of the most potent natural ingredients to support a healthy prostate and help to promote healthy urinary flow. Also provides important minerals that are required for normal reproductive function.

Thyroid/Adrenal Support:

This powerful product contains a blend of ten synergistic herbs that work together to support the body's natural production of thyroid hormones. This supplement can help you overcome thyroid-related symptoms of weight gain, low energy, fatigue, or depression.



Contact Us For More Information

HORMONE BALANCE KIT FOR MEN

Regulates your hormones naturally



Solutions4™
NATURAL CLINICAL HEALTH

HOW THIS KIT WILL BENEFIT YOU

The Solutions4 Hormone Balance Kit for Men was designed to assist you in balancing your hormones and improving your overall health. Some of the symptoms you might be facing with hormonal imbalance include chronic fatigue, low sex drive, erectile dysfunction, weight gain, mood changes, and depression. The supplements and dietary guidelines in this kit will bring your body into balance, eliminating some or all of the symptoms you're experiencing.



HORMONE BALANCE KIT FOR MEN

ADDITIONAL PRODUCTS USED IN THIS KIT

(PURCHASED SEPARATELY):

To provide your body with the nutrients it needs, we recommend using our Solutions4 Wellness Kit in conjunction with the Men's Hormone Balance Kit. The Wellness Kit combines the Solutions4 Daily Essentials and the Solutions4 Nutritional Shake. The packets in the Wellness Kit are full of the essential vitamins, minerals, and anti-inflammatory nutrients that your body needs to stay healthy for the rest of your life.

Solutions4 Nutritional Shake:

This quick-and-easy meal replacement shake provides a perfect blend of protein, digestive enzymes, vitamins, and probiotics. The high-quality whey comes from New Zealand and is casein-free, lactose-free, with zero sugar.

Solutions4 Daily Essentials:

These convenient grab-and-go packs provide you with all of the vitamins, minerals, enzymes, antioxidants, and fatty acids that your body needs.

INSTRUCTIONS

Serotonin Support:

Take two in the morning and two in the afternoon.

DHEA:

Take two in the morning.

Prostate Support:

Take two in the morning and one in the afternoon.

Thyroid/Adrenal Support:

Take two in the morning.

Solutions4 Nutritional Shake:

Replace one to two meals a day with the shake.

Solutions4 Daily Essentials:

Take one packet daily.

TIPS FOR SUCCESS

Cleanse First:

To get the most out the Hormone Balance Kit for Men, we recommend using the Solutions4 7-Day Cleanse Kit first. Detoxing the body helps eliminate any issues going on in your diet, cleans up your lymph nodes, rejuvenates your immune system, and creates an ideal environment for the powerful effects of the Hormone Balance Kit for Men.

OTHER SUGGESTED PRODUCTS

Solutions4 B12:

Vitamin B12 is essential to the functioning of the brain, nerves, and circulatory system. This essential vitamin is known to insulate nerve cells and help the body build new, healthy cells!

Solutions4 Adrenal Calming:

This supplement is designed to relieve stress and anxiety, increase mental clarity, improve sleep quality, and promote a state of relaxed comfort. This supplement uses an exclusive blend of herbal extracts and other naturally occurring substances that boost brain health, calm the mind, and ward off fatigue.

WHERE TO GO FROM HERE

Maintain Your Progress with the Solutions4 Wellness Kit:

To retain your results (and stave off any relapse) be sure that you are getting all of the nutrients your body needs. For this, we recommend using our Solutions4 Wellness Kit comprised of Solutions4 Daily Essentials and the Solutions4 Nutritional Shake.

If you're looking to achieve other results – lose weight, reduce pain, sleep better, reduce stress, etc. – you can also find specific kits or supplements designed to help with these conditions. Talk to your doctor to determine which course of action is right for you.



EATING GUIDELINES

If you're eating foods that put undue stress on the body, you'll be actively working against the supplements that you're taking. To help you get the most out of this kit, we recommend that you follow these dietary guidelines:



RECOMMENDED:

Organic dark leafy greens and brightly colored vegetables
Organic fruits
Organic eggs and poultry
Wild-caught fish
Unrefined, cold-pressed olive oil and coconut oil
Organic butter



ACCEPTABLE:

Whole grains and legumes (rice, quinoa, lentils, beans, etc.)
Non-organic fruits and vegetables
Non-organic poultry and eggs
Farm-raised fish
Organic, grass-fed red meat
Refined olive oil and coconut oil
Unrefined natural sweeteners: (honey, pure maple syrup, agave, etc.)



OFF LIMITS:

Dairy products
Refined vegetable oils
Refined grains, flours, and sugars
Processed foods, fast foods and junk foods
Alcoholic or caffeinated beverages
Artificial sweeteners
Large amounts of red meat

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