

WHAT'S INCLUDED IN THIS KIT

28 Supplement Packets Containing:

- **Vitamin D:** When taken in supplemental form, vitamin D has been shown to decrease the pain and discomfort associated with neuropathy. It comes in an easily absorbable liquid gel-cap form with 2,000 IU per serving.
- **Multivitamin/Multimineral:** The 36 nutrients found in the Multivitamin/Mineral play a crucial role in preventing neuropathy and aiding in recovery.
- **Salmon Oil:** The omega-3 fatty acids found in salmon oil can reduce the pain associated with neuropathy. Trial studies show some evidence that fish oil can stop diabetic neuropathy in its tracks! Other studies suggest that fish oil can help to prevent diabetic neuropathy from developing in the first place.
- **Evening Primrose Oil:** Studies show that Evening Primrose Oil can ease the symptoms associated with diabetic neuropathy, and can also help to prevent injury to delicate nerves.

Cardio Health Essentials:

The Cardio Health Essentials stick-pack beverages deliver healing benefits in just one easy-to-use power pack. With L-arginine, L-citrulline, and CoQ10, this formula helps the body produce nitric oxide and supports the entire circulatory system.

Vitamin B12:

This vitamin plays a vital role in the functioning of the brain and nervous system, as well as aiding the formation of red blood cells. Low vitamin B12 levels can contribute to neuropathy, weakness, memory loss, and other problems with the nervous system.

Anti-Inflammatory Gel:

This unique gel helps to calm muscle and nerve pain using natural ingredients – capsaicin and camphor – that increase circulation and reduce inflammation. Studies show that those who use capsaicin-based gels report less pain and less difficulty performing daily activities such as sleeping and walking.

Contact Us For More Information



NEUROPATHY NP KIT

Eases symptoms and aids in recovery



Solutions4
NATURAL CLINICAL HEALTH

HOW THIS KIT WILL BENEFIT YOU

The Solutions4 Neuropathy NP Kit can help you whether you've been suffering from neuropathy for weeks, months, or years. By providing your body with all of the nutrients it needs – along with products designed to reduce inflammation and boost circulation – you'll finally get the results you've wanted.



NEUROPATHY NP KIT

ADDITIONAL PRODUCTS USED IN THIS KIT

(PURCHASED SEPARATELY):

To provide your body with the nutrients it needs, we recommend using our Solutions4 Wellness Kit in conjunction with the Neuropathy NP Kit. The Wellness Kit combines the power of the Solutions4 Daily Essentials and the Solutions4 Nutritional Shake. The packets in the Wellness Kit are full of the essential vitamins, minerals, and anti-inflammatory nutrients that your body needs to stay healthy for the rest of your life.

Solutions4 Daily Essentials:

These convenient grab-and-go packs provide you with all of the vitamins, minerals, enzymes, antioxidants, and fatty acids that your body needs.

Solutions4 Nutritional Shake:

This quick-and-easy meal replacement shake provides a perfect blend of protein, digestive enzymes, vitamins, and probiotics. The high-quality whey comes from New Zealand and is casein-free, lactose-free, with zero sugar.

INSTRUCTIONS

Supplement Packets:

Take two supplement packets per day.

Cardio Health Essentials:

Drink once per day, mix one stick pack with six to eight ounces of water and enjoy.

Vitamin B12:

Chew twice and then dissolve under the tongue for 30 seconds. We recommend one lozenge per day.

Anti-Inflammatory Gel:

Apply to affected areas as needed for symptom relief.

Solutions4 Daily Essentials:

Take one packet daily.

Solutions4 Nutritional Shake:

Replace one to two meals each day with the shake.

TIPS FOR SUCCESS

Cleanse First:

For best results, use this kit after completing a week-long detoxification program with the Solutions4 7-Day Cleanse. Detoxing the body helps eliminate any issues going on in your diet, cleans up your lymph nodes, rejuvenates your immune system, and creates an ideal environment for the powerful effects of the Neuropathy NP Kit.

OTHER SUGGESTED PRODUCTS

Solutions4 Daily Antioxidant Essentials:

Each serving of the Daily Antioxidant Essentials has essential vitamins, minerals, enzymes, antioxidants, and phytonutrients that your body needs to heal quickly and stay healthy! Use this quick-and-easy beverage to enhance your results and maintain a lifetime of good health.

Solutions4 Essential Greens:

Leafy greens are nature's multivitamin, packed with the nutrients your body needs to heal quickly and permanently. When you use this stick-pack drink mix, you'll accelerate your body's natural healing process and boost your energy levels along the way!

Solutions4 Exercise Gel:

This innovative gel helps to get your blood moving the all-natural way. When applied to areas affected by neuropathy, Exercise Gel warms muscles and increases circulation, reducing the symptoms associated with neuropathy.

WHERE TO GO FROM HERE

Maintain Your Progress with the Solutions4 Wellness Kit:

To retain your results (and stave off any relapse) be sure that you are getting all of the nutrients your body needs. For this, we recommend using our Solutions4 Wellness Kit comprised of Solutions4 Daily Essentials and the Solutions4 Nutritional Shake.

If you're looking to achieve other results – lose weight, reduce pain, sleep better, reduce stress, etc. – you can also find specific kits or supplements designed to help with these conditions. Talk to your doctor to determine which course of action is right for you.



Solutions4
NATURAL CLINICAL HEALTH

EATING GUIDELINES

If you're eating foods that cause inflammation or put undue stress on the body, you'll be actively working against the supplements that you're taking. To help you get the most out of this kit, we recommend that you follow these anti-inflammatory dietary guidelines:



RECOMMENDED:

Organic dark leafy greens and brightly colored vegetables
Organic fruits
Organic eggs and poultry
Wild-caught fish
Unrefined, cold-pressed olive oil and coconut oil
Organic butter



ACCEPTABLE:

Whole grains and legumes (rice, quinoa, lentils, beans, etc.)
Non-organic fruits and vegetables
Non-organic poultry and eggs
Farm-raised fish
Organic, grass-fed red meat
Refined olive oil and coconut oil
Unrefined natural sweeteners:
(honey, pure maple syrup, agave, etc.)



OFF LIMITS:

Dairy products
Refined vegetable oils
Refined grains, flours, and sugars
Processed foods, fast foods and junk foods
Alcoholic or caffeinated beverages
Artificial sweeteners
Large amounts of red meat