

WHAT'S INCLUDED IN THIS KIT

Green Tea Cleanser:

This super-potent cleanser creates a rich, foamy lather that heals and softens the skin. This one-of-a-kind product is a powerhouse of super-antioxidants like green tea leaves, CoQ10, and vitamin C that fight free-radicals and help to prevent premature aging, fine lines, and wrinkles, restoring your skin to a youthful vibrancy.

Apricot Exfoliator:

This unique product uses natural apricot seed powder to gently exfoliate the skin and grapeseed oil to promote healthy hydration. It is the perfect blend of nutrients, antioxidants, UV protectors, and moisturizers to provide superior protection and gentle exfoliation! Apricot seeds gently stimulate the skin, leaving your face feeling smooth and refreshed. It contains collagen and elastin builders that prevent the appearance of wrinkles and fine lines.

Apple Stem Cell Moisturizer:

Apple stem cells are revolutionizing the skincare industry in ways you would never have imagined! Our product combines these plant-derived stem cells with other anti-aging actives like antioxidants, anti-inflammatory botanicals, and UV protectors. It reduces fine lines and wrinkles, giving skin a fresh new start.



Contact Us For More Information



SKINCARE KIT

Restores skin's youthful vibrancy



Solutions4
NATURAL CLINICAL HEALTH

HOW THIS KIT WILL BENEFIT YOU

The Solutions4 Skincare Kit offers a unique line of all-natural, organic, non-toxic skincare that's different from anything else. All ingredients are 100% natural and safe for your skin. These skincare products don't just wash away impurities – they have healing properties. When you start using these incredible products you'll see an immediate difference in your skin's complexion and skin tone, as well as a reduction in the appearance of fine lines and wrinkles, restoring your skin to a youthful vibrancy.



SKINCARE KIT

ADDITIONAL PRODUCTS USED IN THIS KIT

(PURCHASED SEPARATELY):

To provide your body with the nutrients it needs, we recommend using our Solutions4 Wellness Kit in conjunction with the Skincare Kit. The Wellness Kit combines the Solutions4 Daily Essentials and the Solutions4 Nutritional Shake. The packets in the Wellness Kit are full of the essential vitamins, minerals, and anti-inflammatory nutrients that your body needs to stay healthy for the rest of your life.

Solutions4 Nutritional Shake:

This quick-and-easy meal replacement shake provides a perfect blend of protein, digestive enzymes, vitamins, and probiotics. The high-quality whey comes from New Zealand and is casein-free, lactose-free, with zero sugar.

Solutions4 Daily Essentials:

These convenient grab-and-go packs provide you with all of the vitamins, minerals, enzymes, antioxidants, and fatty acids that your body needs.

INSTRUCTIONS

Green Tea Cleanser:

Apply twice daily, in the morning and the evening. Apply a light film over the face and neck, using the fingertips to work into your pores. Rinse with warm water.

Apricot Exfoliator:

Apply once daily after cleansing your face. Apply to skin in small, circular motions for 30 seconds and then rinse.

Apple Stem Cell Moisturizer:

Apply twice daily after cleansing and exfoliating. Gently massage a small amount into your skin until invisible. Keep out of eyes.

Solutions4 Nutritional Shake:

Replace one to two meals each day with the shake.

Solutions4 Daily Essentials:

Take one packet daily.

TIPS FOR SUCCESS

Cleanse First:

For best results, use this kit after completing a week-long detoxification program with the Solutions4 7-Day Cleanse Kit. Cleansing will help to deep-clean your body from the inside out, which can work wonders for your skin. Though you'll still get pretty amazing results using this kit alone, we think you'll be blown away by what you can accomplish when you use the two kits together.

OTHER SUGGESTED PRODUCTS

Solutions4 Green Clay Mask:

The Green Clay Mask has been specially formulated to help with acne-prone skin. This 30-minute mask works as a poultice to deep clean the skin, absorb excess oils, purify the skin, shrink pores, and leave you looking radiant!

Solutions4 Protein Lift Mask:

The Protein Lift Mask cleans, tightens, and tones the skin with all-natural ingredients. This incredible 60-minute mask contains natural egg protein, soy protein, bee pollen extract, and RNA factor for healthy, radiant skin. It has been uniquely formulated to fight wrinkles, firm the skin, shrink pores, and reduce the appearance of blackheads. Must be purchased with the Aloe Activator and Fan Brush for application.

Solutions4 Toner Spray:

This natural, botanical Toner Spray works as a hydrator and skin softener with natural antiseptic and antibiotic properties that help refresh the skin, leaving the face feeling silky smooth. Spritz it on at any point throughout the day to help fight blemishes, rejuvenate the skin and soften the appearance of facial lines.

Solutions4 Vitamin C Hydrator:

Vitamin C Hydrator is a superior moisturizer with antioxidant protection that contains vitamin C and hyaluronic acid – two major anti-aging compounds. Vitamin C provides the skin with antioxidant protection, helps boost healthy collagen production, and reduces inflammation! Hyaluronic acid improves the skin's elasticity and texture, reduces the appearance of fine lines and wrinkles, and leaves you looking radiant!

WHERE TO GO FROM HERE

Maintain Your Progress with the Solutions4 Wellness Kit:

To maintain your results and keep your skin looking healthy for years to come, make sure that you're providing your body with the nutrients it needs to build healthy skin cells. That's why we recommend continued use of the Solutions4 Wellness Kit, which includes Solutions4 Daily Essentials and the Solutions4 Nutritional Shake. And, lucky for you, these supplements won't just make you look beautiful – they'll help you feel your very best, too!

If you're looking to achieve other results – lose weight, reduce pain, sleep better, reduce stress, etc. – you can also find specific kits or supplements designed to help with these conditions. Talk to your doctor to determine which course of action is right for you.



EATING GUIDELINES

Though the quality of your skincare products will make a big difference in your skin's overall health and appearance, they can't adequately compensate for the effects of a poor diet. To get the best possible results while using these products, we recommend that you follow these eating guidelines as well:



RECOMMENDED:

- Organic dark leafy greens and brightly colored vegetables
- Organic fruits
- Organic eggs and poultry
- Wild-caught fish
- Unrefined, cold-pressed olive oil and coconut oil
- Organic butter



ACCEPTABLE:

- Whole grains and legumes (rice, quinoa, lentils, beans, etc.)
- Non-organic fruits and vegetables
- Non-organic poultry and eggs
- Farm-raised fish
- Organic, grass-fed red meat
- Refined olive oil and coconut oil
- Unrefined natural sweeteners: (honey, pure maple syrup, agave, etc.)



OFF LIMITS:

- Dairy products
- Refined vegetable oils
- Refined grains, flours, and sugars
- Processed foods, fast foods and junk foods
- Alcoholic or caffeinated beverages
- Artificial sweeteners
- Large amounts of red meat