

STRESS RELIEF KIT

Adrenal Calming:

This supplement is designed to relieve stress and anxiety, increase mental clarity, improve sleep quality, and promote a state of relaxed comfort. This supplement uses an exclusive blend of herbal extracts and other naturally occurring substances that boost brain health, calm the mind, and ward off fatigue.

Herbal Stress Relief:

This natural stress-relief formula is composed of synergistic herbs which help the body maintain maximum performance while promoting comfort and relaxation, gently calming the central nervous system. This blend contains herbs like valerian root, chamomile, and hops flower that gently calms your body and mind.

Multivitamin/Multimineral:

This blend provides a perfect combination of nutrients to promote optimal health, healing, and relaxation.

Serotonin Support:

This supplement is designed to improve mood and reduce irritability, utilizing an exclusive blend of all-natural ingredients including a vitamin/mineral complex and 5-HTP. It also reduces stress, improves cognitive function, balances the mood, and encourages optimistic serenity in day-to-day activities.

Sleep:

This incredible supplement is designed to promote healthy sleep, aid in stress management, and soothe an anxious mind. This supplement achieves outstanding results by using a special blend of all-natural ingredients, including melatonin, which encourages deep and restorative sleep.

ADDITIONAL RECOMMENDED PRODUCTS:

- Solutions4 Nutritional Shake
- Solutions4 Daily Essentials
- Solutions4 B12
- Solutions4 Craving & Impulse Control
- Solutions4 Vitamin D