

No one likes to be hungry – especially children! Solutions4 Fiber Blend helps to keep your child feeling full and satisfied without junk food or unnecessary calories. Fiber is a key ingredient for building a healthy digestive system.

This Product:

- Encourages healthy weight management
- Helps satisfy hunger and helps children feel “full” for a longer period of time
- Maximizes efficiency without calories
- Cleanses bowels and intestines
- Stimulates natural action of intestines
- Reduces adrenal acne
- Adds bulk to stool
- Absorbs waste
- Regulates hormones

Suggested Use:

Wheat Bran

Psyllium Husk Powder

Suggested Use: Administer daily to increase a child’s fiber intake. May also be used when a child is experiencing difficulty with elimination.

Dosing: If child is over 100 lbs, dose 2-6 capsules as suggested above
If child is under 100 lbs, dose 1-3 capsules as suggested above

Shelf Life: 7 years

