

Sleep is a necessary part of the day, especially for children. Sleep deprivation can affect a child's health, social life, grades, and physical well-being. That's where Solutions4 Sleep comes in. This unique supplement naturally calms and relaxes little minds and bodies without causing dependencies or other side effects. It allows kids to achieve the deep, restorative sleep that their growing bodies need. Our gentle formula was created by a loving father who understands the value of a good night's rest...for everyone involved.

#### This Product:

- Promotes healthy sleep
- Aids in stress management
- Soothes an anxious mind
- Allows kids to awake feeling refreshed
- Encourages restorative sleep

#### Concentrated Formula Contains:

Melatonin

5-Hydroxytryptophan

Vegetable Cellulose

Gamma-Aminobutyric Acid

**Suggested Use:** If a child is experiencing irregularities in their sleep cycle, administer 30 minutes before bedtime.

**Dosing:** If child is over 100 lbs, dose 1-2 capsules daily as suggested above  
If child is under 100 lbs, dose 1 capsules daily as suggested above

**Shelf Life:** 2 years

